

## **Principles & Constraints in River Restoration**

*Matt Kondolf, University of California*



*Presented to the international seminar  
Restauracion de Rios, Madrid September 2006*

### **Five Principles for River Restoration**

***1. Approach restoration in context of historical changes***

-What is “restoration”?

***2. Riverine species depend on connectivity/dynamics***

-Restore (preserve) process, not form

***3. River restoration still largely experimental***

-Learn by post-project appraisal, adaptive management

***4. Approach larger spatial and temporal scale***

-Understand processes and historical changes at basin scale

-Prioritize actions in larger context

***5. Set goals in context of constraints/opportunities***

-Urban-wilderness continuum



## **How we got here – degradation of rivers**

*Catchment land-use* impacts on water quality

- agriculture, urbanization, deforestation

*Dams, diversions*

- change flow regime, trap coarse sediment

*Navigation* - snagging, channelization/simplification

*Flood control*

- Levees disconnect floodplains
- Reservoirs reduce peak flows

*Floodplain conversion*

- to agriculture, urban uses, loss of riparian habitat

*Bank stabilization*

- Rocking banks to stop erosion/migration

*Result: Loss of species diversity, ecosystem function*

## **River Restoration now enormously popular**

wide popular support, large public investment

*NRRSS National River Restoration Science Synthesis*

*Compiled data on nearly 50,000 projects in the US*

*Over \$17 billion invested*

*Very little scientific monitoring/evaluation (<5%)*

*Comparable efforts in Europe, Canada, Australia,  
and increasingly Asia*

*Lack of evaluation hinders progress in the field*

*Essential to understand physical and ecological  
processes, history of change.* Based on this, develop

*Clear objectives* suitable to context and river history

**Restoration is fundamentally a social activity**

- *societal decision to improve quality of life, preserve species, etc. (first world activity)*
- *can be informed by science, but ultimately reflects maturation of society, social and political context*
- *Must first address severe water quality problems (e.g. no longer dumping raw sewage into rivers)*
- only then can
  - bring people into contact with rivers,*
  - restore ecosystem*
- River restoration reflects evolution of environmental movement, *from doom-gloom to pro-active, positive, local action (neighborhood creek)*
- As a social decision, goals/objectives will vary with social context (ecological goals only one category!)

**What is restoration? *Some definitions:***

Reestablishment of pre-disturbance aquatic functions and related physical, chemical and biological characteristics.

*NRC 1992*

Return of an ecosystem to a close approximation of its condition prior to disturbance

*NRC 1992*

The process of repairing damage caused by humans to the diversity and dynamics of indigenous ecosystems

*Jordan et al 1987*

Complete structural and functional return (of a river) to a pre-disturbance state

*Cairns 1991*

Return to an ecosystem that closely resembles unstressed surrounding areas (recovery enhancement)

*Gore 1985*

***All: state/imply returning towards pre-disturbance state***

But what if earliest historical evidence reflects not a pristine, pre-human-disturbance state, but a long-occupied landscape like Europe?

Other 'reference sites' with desired values? Subjective preferences can come into play.

*Napoleonean cadastral map of the Eygues River, Vinsobres, France, 1830 showing intensive land use up to the bank*  
(Kondolf et al.2006)



### **What is restoration? Terminology**

Many authors have observed that true 'restoration' is rarely possible, alternative terms suggested:

- *enhancement*
- *rehabilitation*
- *reclamation*
- *revitalization*

Usually these are to designate lesser levels of transformation, eg restoring certain functions (not necessarily pre-existing state)

Another take (Presidio, SF)

**Restoration** – for sites so trashed they must be 'rebuilt'

**Enhancement** – less damaged, need only small intervention

**Mitigation** – a matter of intent. Often creating ecosystems that did not exist before.



## What is restoration? *Terminology Continued*

*Prompted recovery* – intervene to encourage natural processes of scour, deposition, vegetation establishment

*‘Passive’ vs ‘active’ restoration* – negative connotations, but the distinction useful between building habitat and allowing natural processes to do so, with prompting

Often restoration is simply using “greener” methods to manage floods, stabilize banks, relocate channels

## What is restoration? A *‘garbage-can’* term

‘Restoration’ is often applied to “greener” methods to manage floods, stabilize banks, relocate channels, etc.

*Positive connotations, sometimes applied to projects that are really environmentally damaging.*



*“Gradient Restoration Facility” on the Sacramento River, ca 1999.  
Structure across the channel to raise level for diversion*

**Restoration ‘on-the-back’ of:**

Flood control, bank stabilization, highway construction

*These projects have money!*

**As ‘mitigation’ for environmental impacts of large construction projects**

*Ethical issue:*

*Can the restoration really compensate for the loss?*

*Does restoration facilitate environmental damage?*

**Restoration often driven by human uses:**

*recreation, community involvement, aesthetics.*


Highly urban settings: ecological potential limited, social benefits more important, ecological education

*Worth daylighting Strawberry Ck in downtown Berkeley?*



***The Love River being put underground in Pindong, Taiwan***

It's understandable that city officials sought to isolate these contaminated waters away from human contact at the time



ARMCO Multi Plate stream enclosures being installed in large midwestern city. Average project of seven miles was better than 40 linear feet per day.

**Maybe you can build those waterways, after all**

Budgets won't stretch; yet you may be pleasantly surprised to see how far you can make those waterway dollars go with Armco Multi Plate. At the same time you can stick to your determination of using the very best materials in the interest of public safety and economy. Many other cities have found Armco Multi Plate an especially wise choice when they were faced with the problem of building large waterways at reasonable cost.

Designing with Armco Multi Plate not only speeds the work but definitely eliminates the hazard of structural failure. The heavy corrugated iron plates are amazingly strong. In actual tests a 20-foot span Multi Plate Arch 10 feet long withstood loads up to 150 tons. Also important is the assurance of long material life that Multi Plate brings to your structures. The enduring qualities of the Armco Ingot Iron base metal have been demonstrated

in 34 years of corrosive service. Consider this great strength and durability along with quick, easy erection by unskilled labor, and you'll see why Multi-Plate meets every municipal need. It is the ideal way to build stream enclosures, bridges, large sewers or special drainage structures. Weigh the advantages of Armco Multi Plate for that next project and meanwhile write us for data. ARMCO DRAINAGE PRODUCTS ASSN., Middletown, O.

**ARMCO MULTI PLATE**

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When you write for this catalog, kindly mention The Armco City.

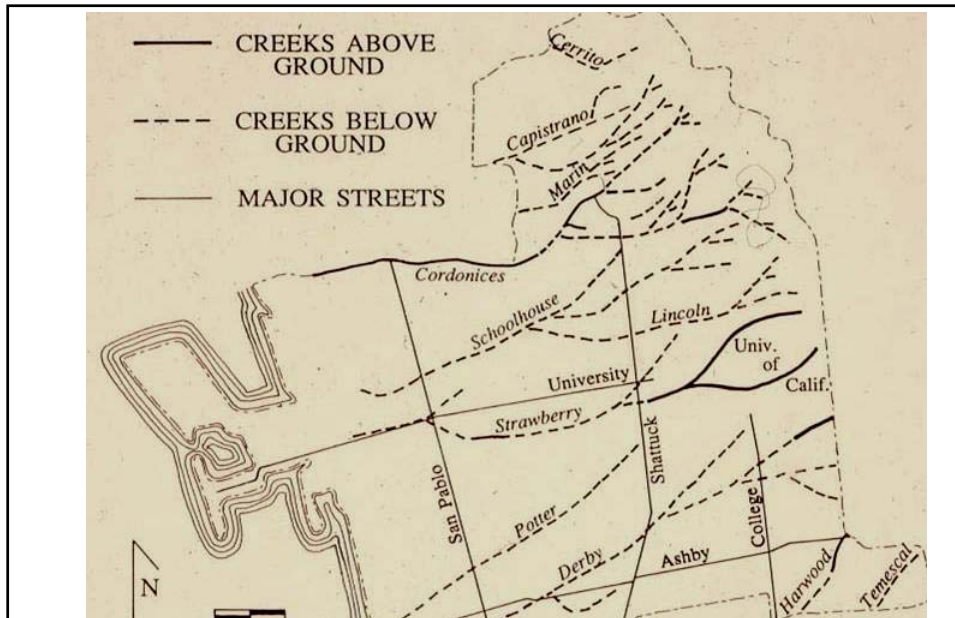


Even today the practice persists Temescal Ck, Emeryville, Calif





*To experience Temescal Ck, get on the grate!*



*Most Berkeley creeks have been put in underground culverts*

A Berkeley creek group has marked the paths of our buried creeks with stencils

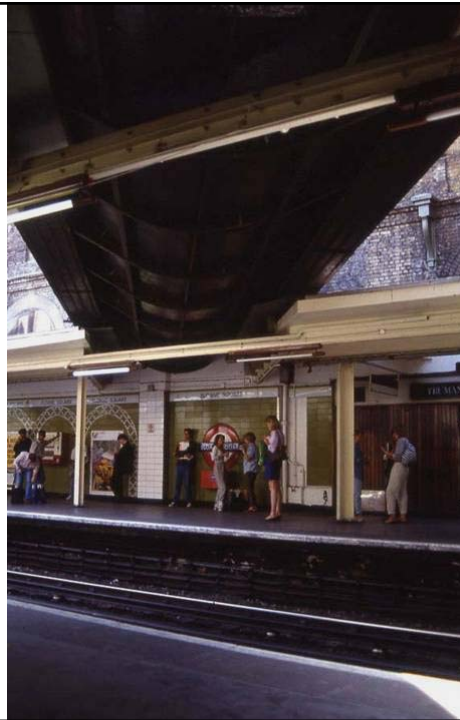


*Derby Creek's symbol is a frog*

*Where is the River Westbourne?*



Streams and rivers  
in urban areas seen as  
drainage utilities



*River Westbourne  
Sloan Sq tube stop  
London*

Flooding, exacerbated by urban runoff,  
motivated canalization of urban rivers



*Los Angeles River, 1938*



In response, nearly 400 mi of concrete channel constructed  
In the Los Angeles River system



*Creating hydraulically-smooth channels designed for  
super-critical flow*

And with limited habitat value



*Riparian overstory, Los Angeles River*

Contrast Jacoby Ck (complex channel, poor flood conveyance but excellent habitat) with canalized Alamo Creek (simplified channel, efficient flood conveyance, poor habitat)

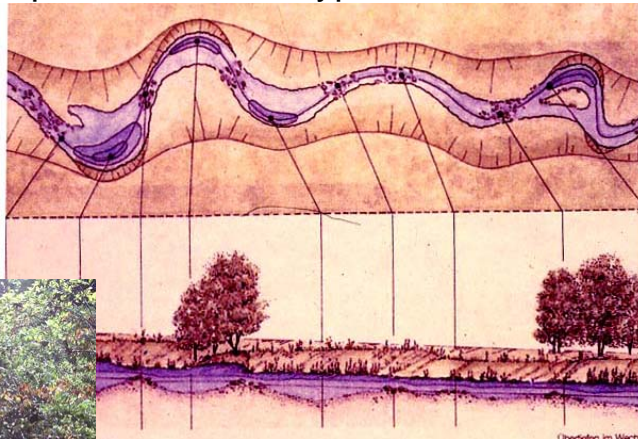


*Jacoby Creek, Arcata, California*



*Alamo Creek, Dublin, California*

Restoration projects often seek to recreate complex channel forms that provide habitats typical of natural streams.





## Re-Meandering channelized rivers

Very 'imageable' (eg Kissimee R)

Very common in Europe, because channelization so extensive



*Danube, Baden-Wittenberg, Germany*

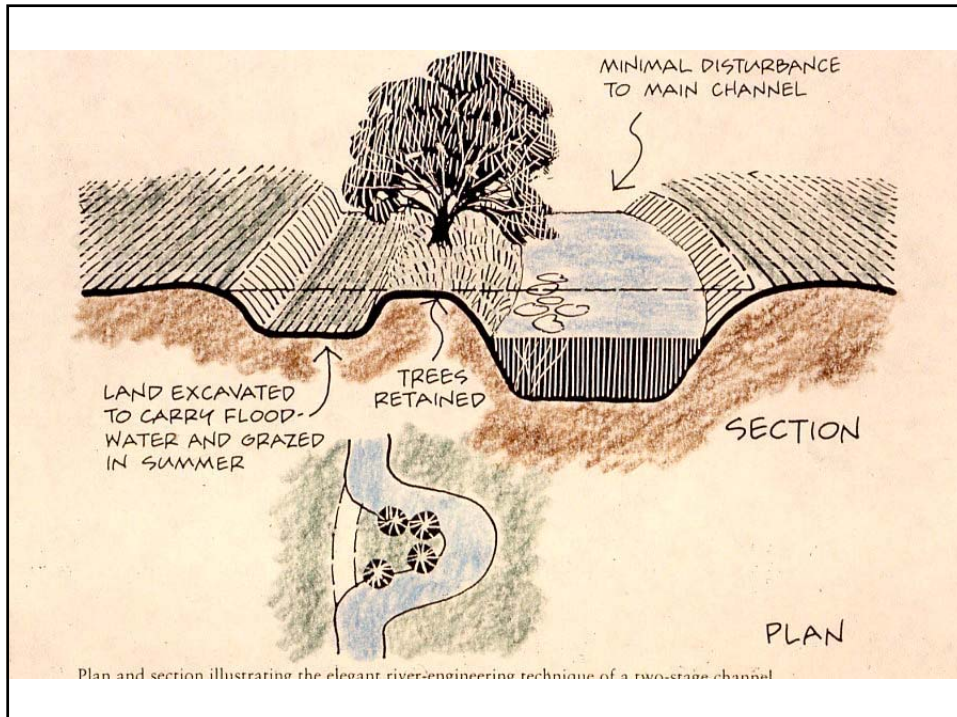


*The Boyerbach, Bavaria  
One of many projects implemented by  
Walter Binder and co.*

*In the US, Kissimmee River is now  
being re-meandered*



Restoration features in flood control projects  
*Miller Ck, a two-stage channel*



### **How to set realistic goals for restoration?**

- Need to understand history and functioning of the system
- Identify changes in controlling factors as well as channel conditions
- Can define a gradient in restoration potential:

<i>wilderness</i>	<----->	<i>highly urban</i>
unchanged Q, Qs		- Q, Qs highly altered
no urban encroachment		- highly encroached
can restore historical channel		- can't restore historic cond's
“carbon copy approach”		“gardening” – can choose elements to include, but must withstand forces

### ***Urban and wilderness end members easiest.***

(the two extremes)

### ***Most challenging are sites with modified Q, Qs***

- Need to design for modified independent variables
- i.e., changed processes, can't recreate historical form
- Can restore some processes?

*Below dams* – release high flows (artificial floods),  
add gravel to counteract sediment starvation

### ***What is “realistic” changes over time with politics.***

Eg restoring flow in the San Joaquin R –



## Urban River Restoration

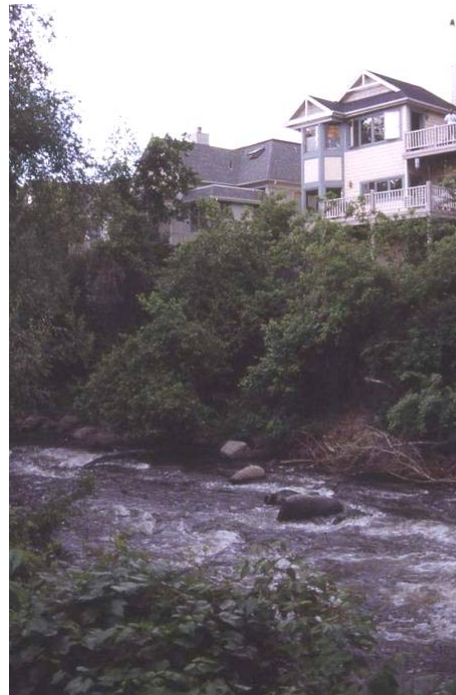
*Natural process vs “naturalistic”*



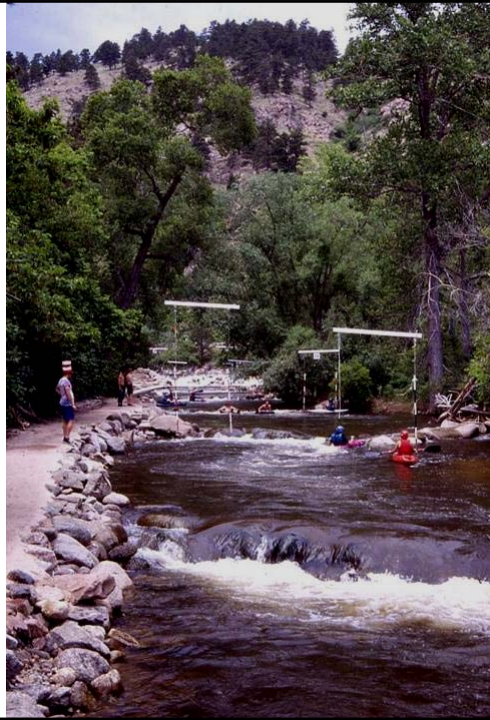
*Sometimes straight edges are OK in urban environments. In California, creek groups want to plant salix along urban streams, residents oppose it because of safety*

*An urban stream restoration for recreation:*

*Boulder Creek, Colorado*



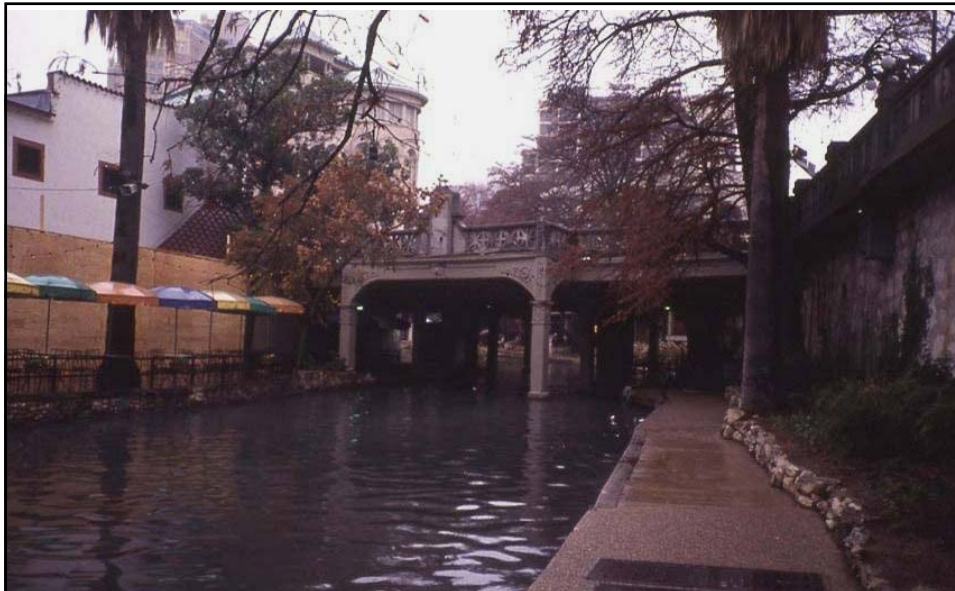
*Kayak run in steeper,  
upper reach of Boulder  
Ck*



*And downstream an underwater observatory*

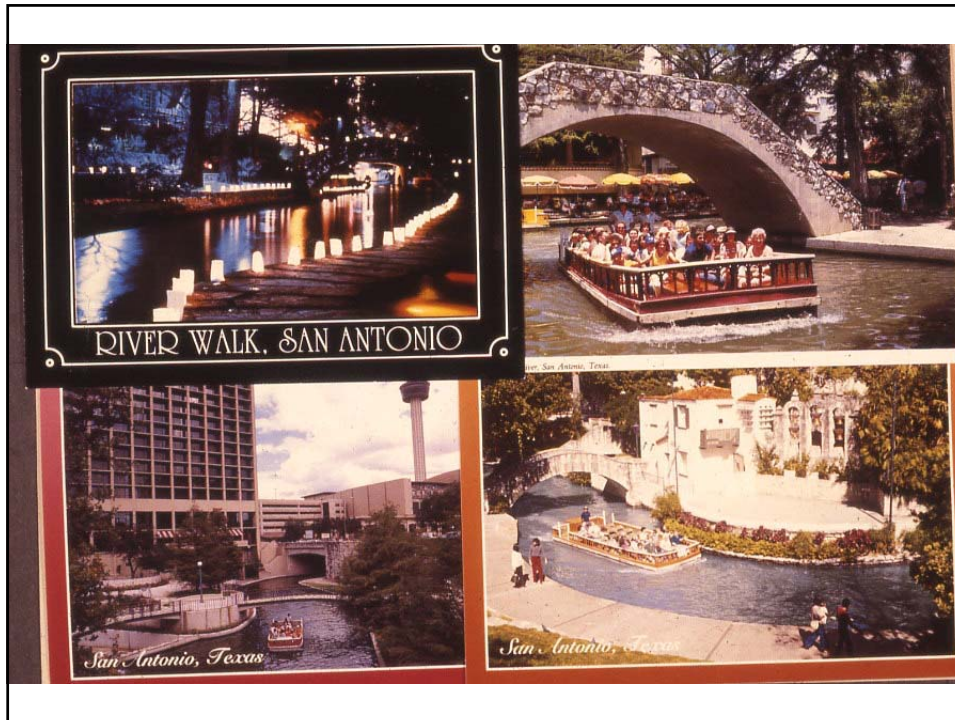


*It's possible to see fish and other aquatic organisms in the creek through the glass porthole*



*The San Antonio "River Walk" , Texas: a very successful urban waterfront – but there´s nothing ecological about it*





A common activity in urban stream restoration:  
removing trash



**OAKLAND**

Saturday, October 7th  
8:30 a.m. to 1:00 p.m.

**CLEAN-A-CREEK 95**

Come join Oakland's "clean-a-creek 1995," a one day citywide effort to clean up and restore natural beauty to some of Oakland's major creeks and Lake Merritt Estuary. Just show up at 8:30 a.m. at any of the staging areas. Bring tools, gloves, closed toe shoes, and help make Oakland the "greenest city in America."

**Staging Areas:**

- Lake Merritt - 550 El Embarcadero, across from Lakeside Library
- Glen Echo Creek - Richmond at Randwick Ave.
- Courtland Creek - Courtland Ave. & San Carlos Ave.
- Peralta Creek - Peralta/Marinda Park at Humboldt & Davis at lower end of Park
- Lequia Creek - Parking lot across from Merritt College
- Arroyo Viejo Creek - Scotia & Golf Links Rd.

**‘Daylighting’ buried urban creeks**



*One of the first: Strawberry Ck Park, Berkeley 1980s*



*“Daylighted” channel of Strawberry Creek,  
banks formed by concrete rubble from destroyed culvert*



## **Less Urban Context:**

*Where possible*

***Restore processes, connectivity, flow dynamics***

*Examples:*

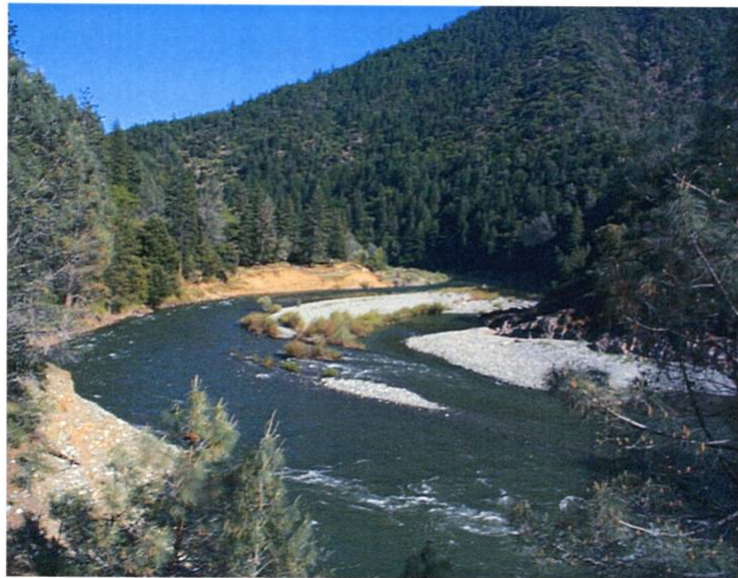
Restoring longitudinal connectivity

Restoring floodplain connectivity by removing levees  
(eg, Rhine, Sacramento)

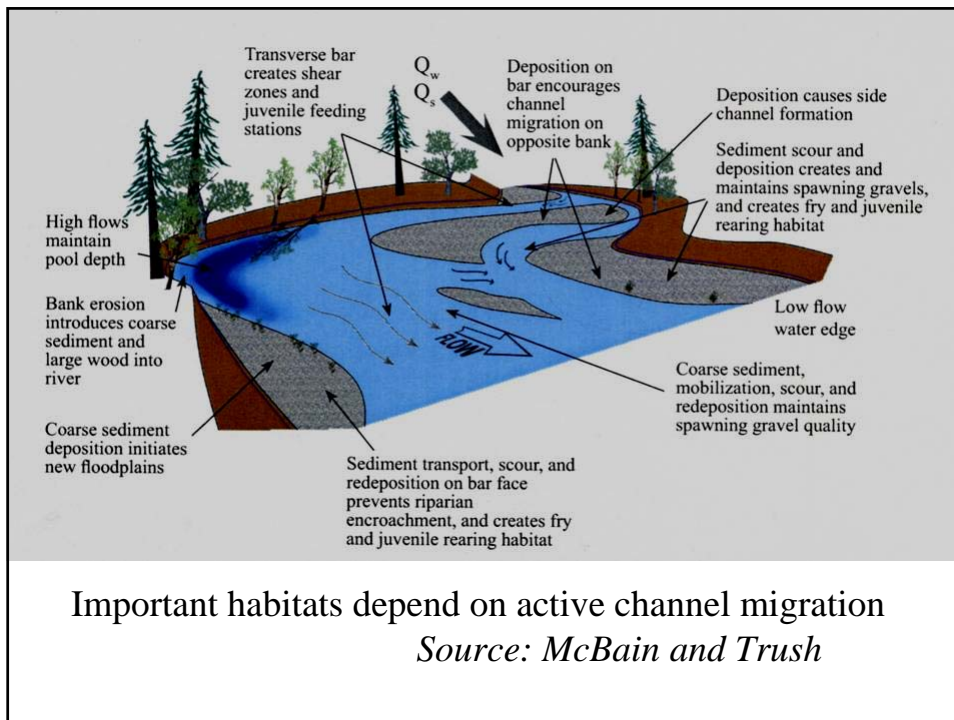
Re-Naturalizing flow regimes below dams (St Mary  
River, Alberta, San Joaquin R, California)

Adding gravel below dams

## Ecological importance of dynamically migrating channel



*Trinity River,  
California*



### Restoring Connectivity in River Systems

**Longitudinal connectivity:** dam removal, gravel augmentation

**Lateral connectivity:** breach/setback levee, raise incised bed

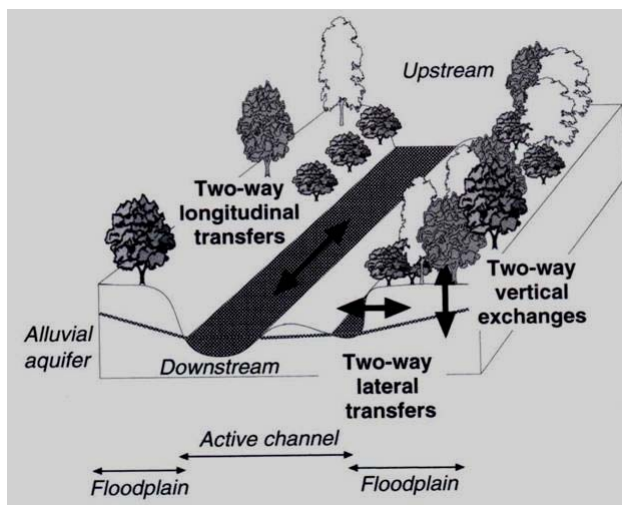
**Vertical connectivity:** removing fine sediment from beds of former channels

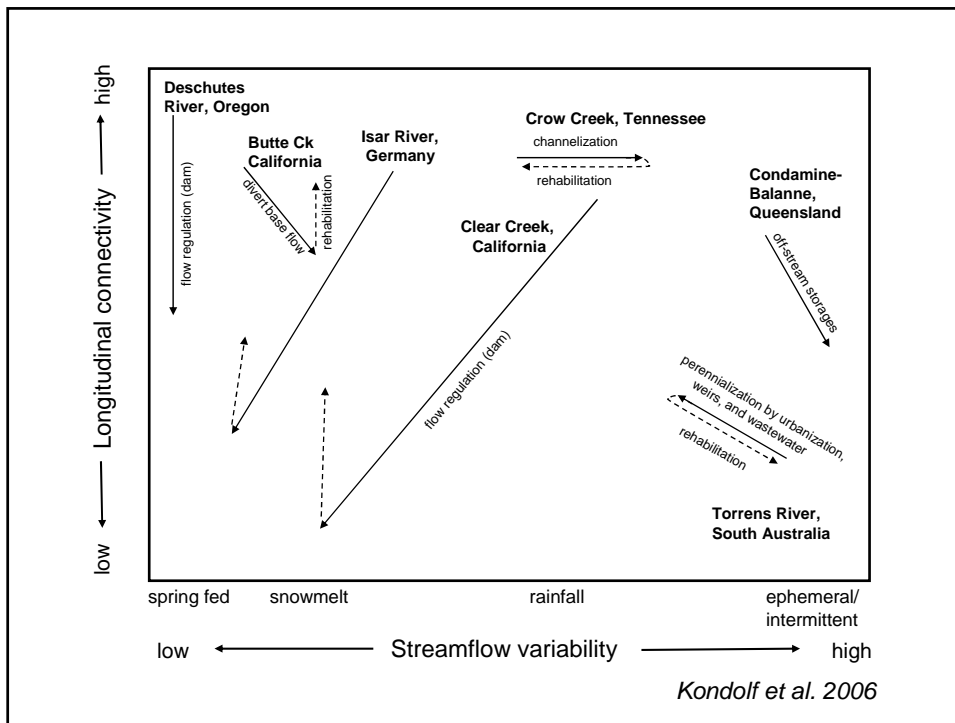
and

**Flow Dynamics**

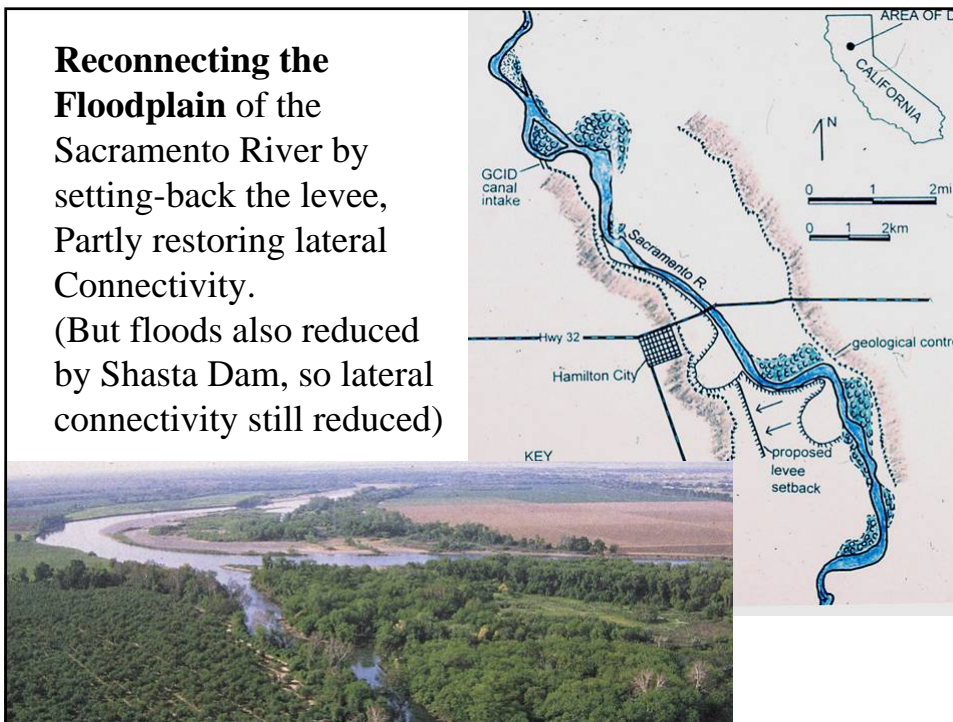
**Channel Dynamics**

Often trajectories of restoration do not parallel those of degradation



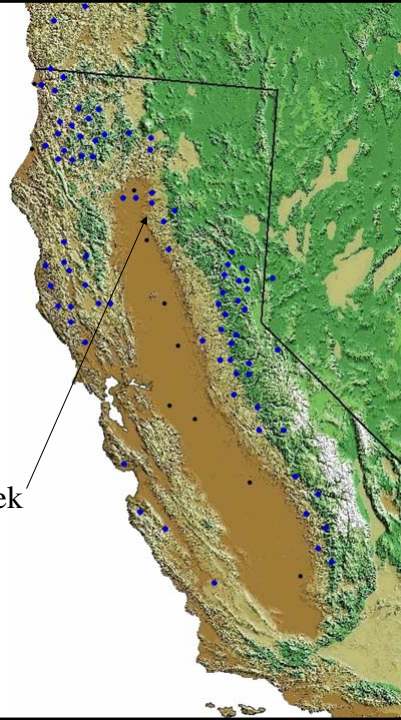


**Reconnecting the Floodplain** of the Sacramento River by setting-back the levee, Partly restoring lateral Connectivity. (But floods also reduced by Shasta Dam, so lateral connectivity still reduced)



Applying fluvial geomorphology to understand underlying cause of problem: Deer Creek Habitat for spring-run chinook

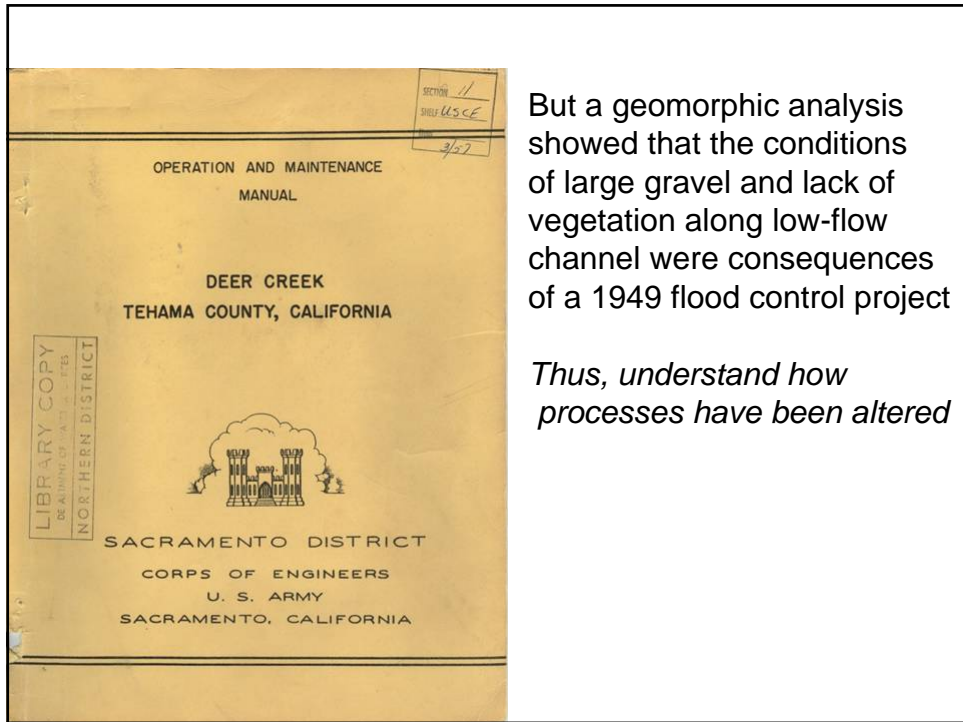
Deer Creek



Restoration planning documents for salmon in the Sacramento River system identified the need for smaller gravels and more riparian trees in Deer Ck, recommended adding spawning gravel and planting trees (restore form)

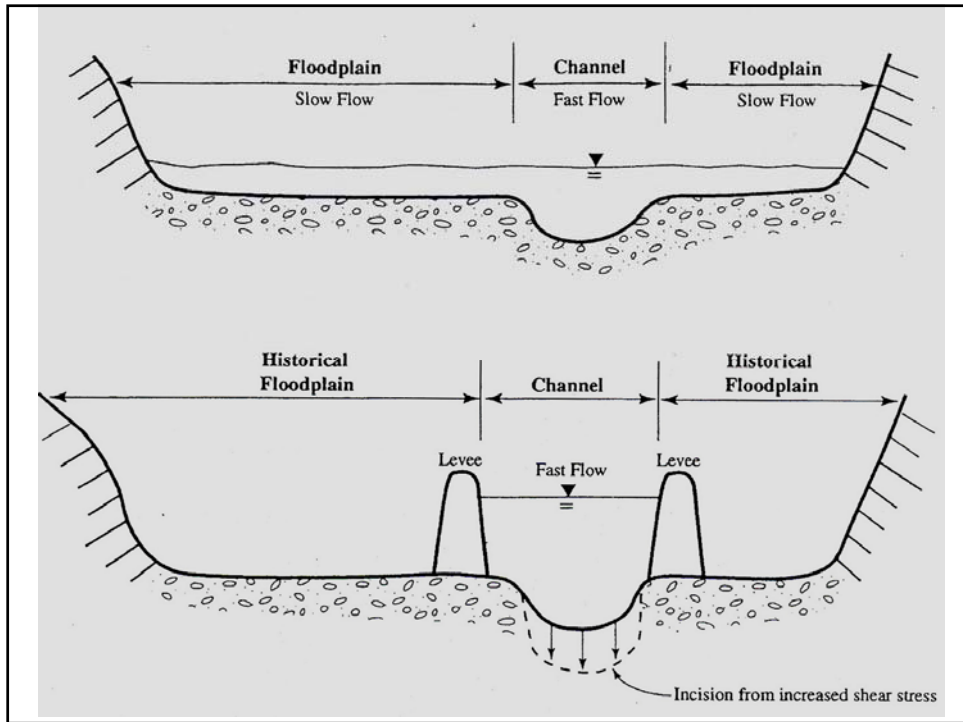


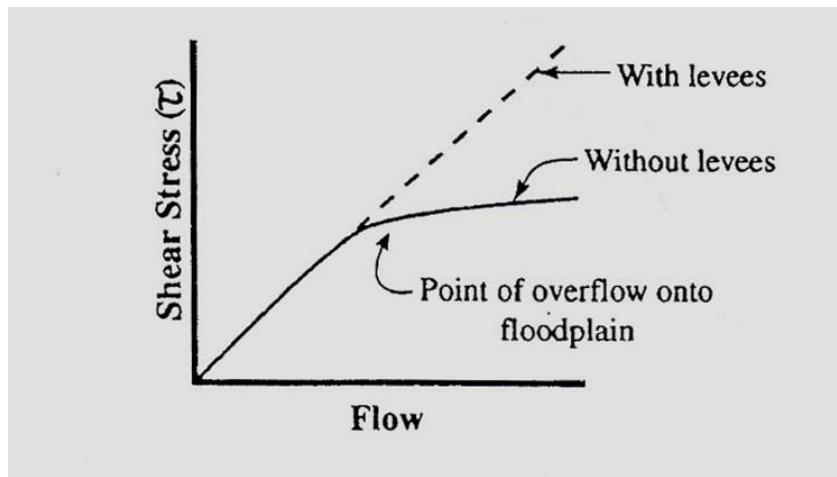




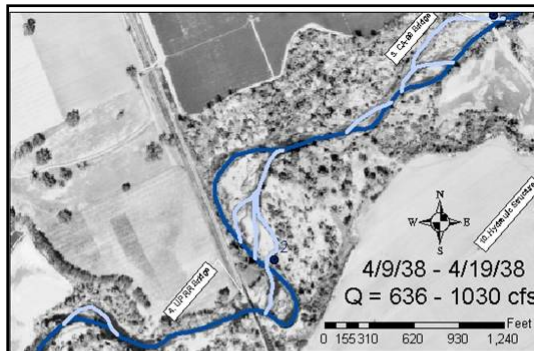
But a geomorphic analysis showed that the conditions of large gravel and lack of vegetation along low-flow channel were consequences of a 1949 flood control project

*Thus, understand how processes have been altered*

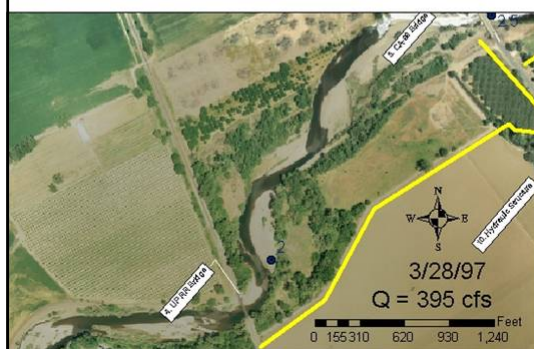




Confinement by levees increases bed shear stress during high flows



Historical-geomorphic analysis showed that 1949 flood control project changed channel from multi-threaded, complex, shaded, frequent pool-riffle alternations to



simplified, wider channel with high shear stress in floods. (Added gravels and planted trees would scour) Less complex habitat, less hyporheic interaction. To restore habitat, restore floodplain connectivity!

## Gravel Augmentation Below Dams

*widely implemented in northern California*

### **Goals:**

salmonid habitat enhancement,  
protect infrastructure from incision,  
restore coarse sediment load

### **Two approaches:**

1. Build artificial riffles  
(restore form)
2. inject gravel for  
redistribution by flows  
(restore process)

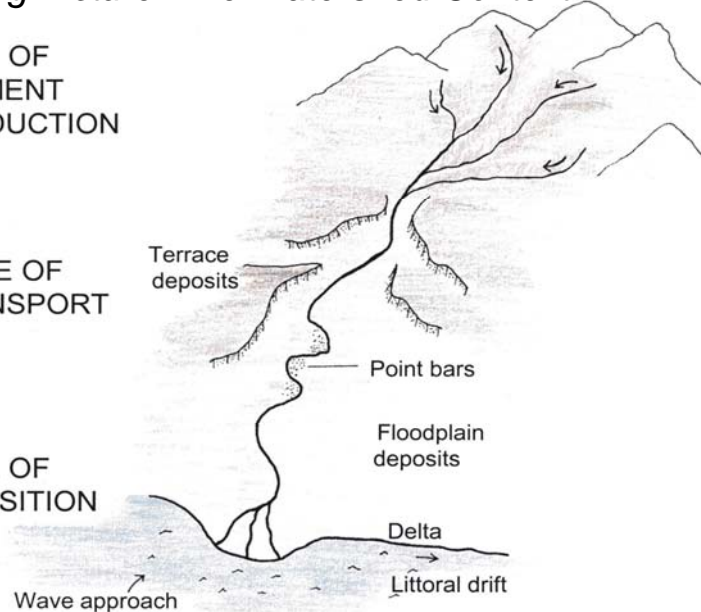


## *Big Picture: The Watershed Context*

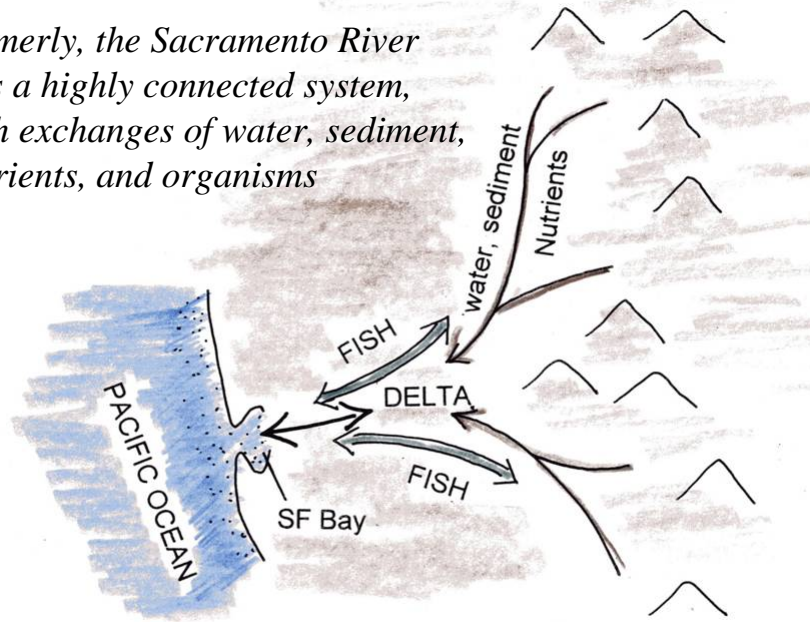
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SEDIMENT  
PRODUCTION

ZONE OF  
TRANSPORT

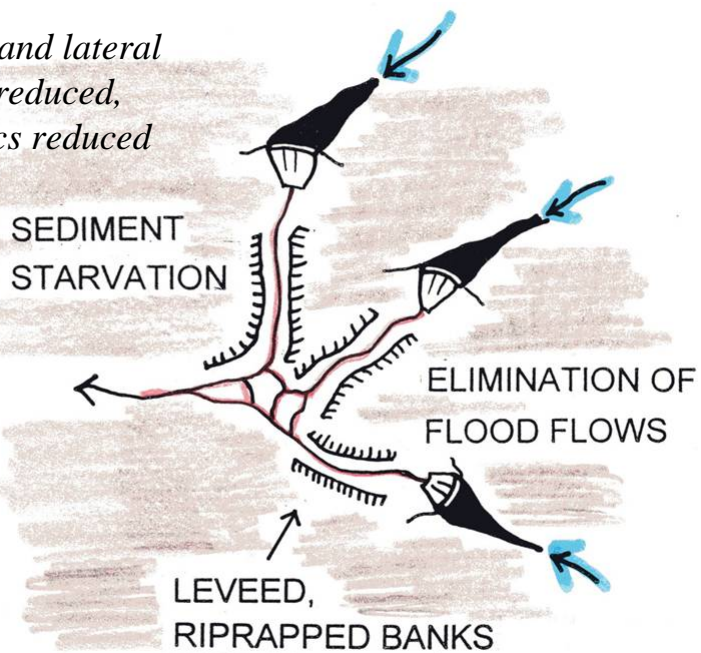
ZONE OF  
DEPOSITION



*Formerly, the Sacramento River was a highly connected system, with exchanges of water, sediment, nutrients, and organisms*



*Now:  
Longitudinal and lateral  
connectivity reduced,  
Flow dynamics reduced*





**Consider Catchment Context**

*Reduced sediment supply – “Hungry Water”*

Dams cut off all bedload, some susp

Gravel mining – gravel sinks

Bank protection

Channelization/dredging legacy effects

Account for tributary inputs

*Changed sediment transport capacity*

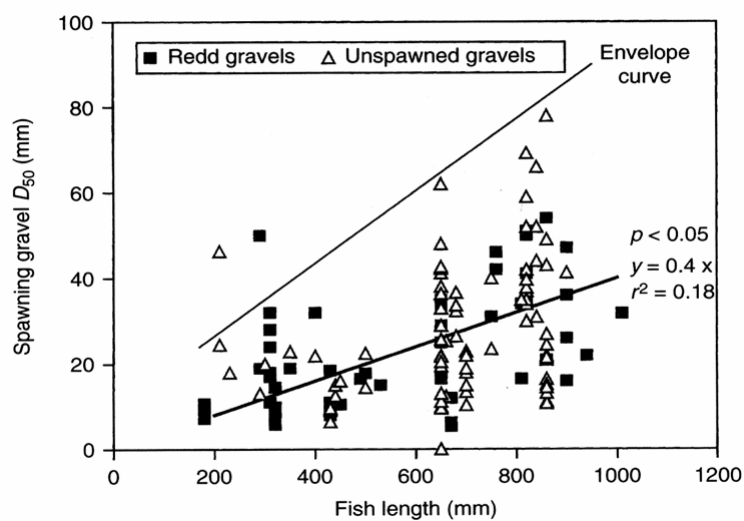
Decreased xport capacity below dams

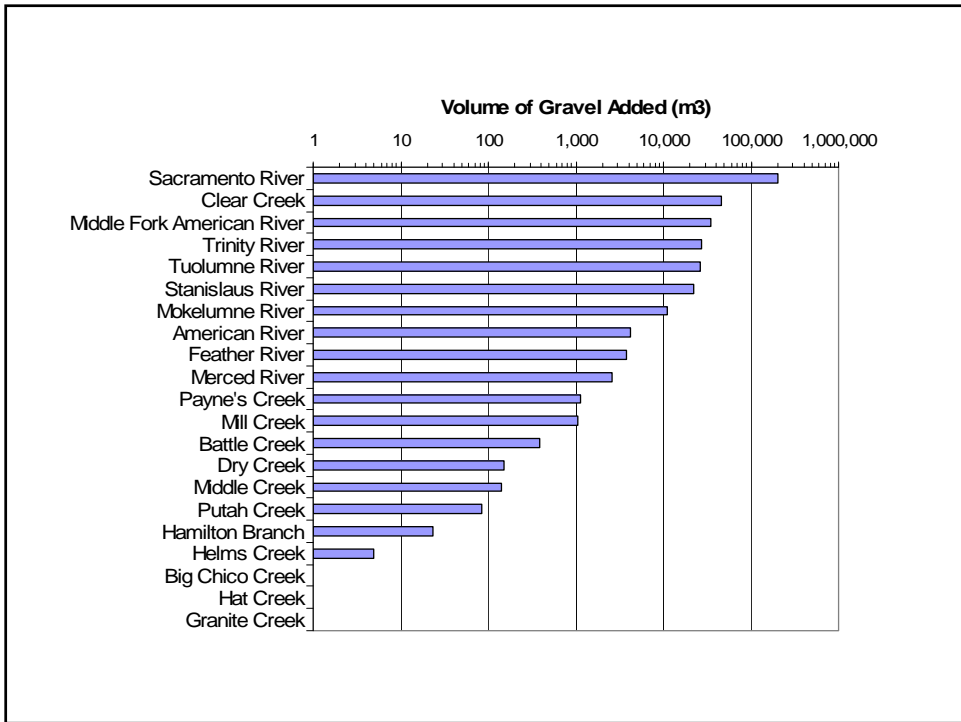
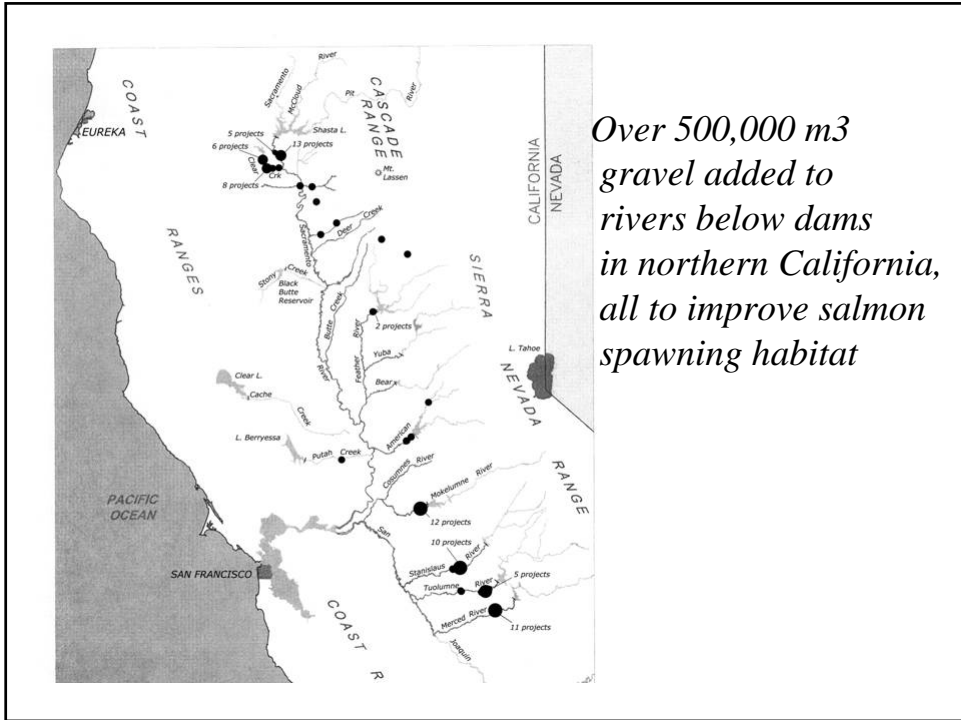
Sediment transport capacity changes with addition of sediment due to changed supply, grain size

Counteracting: narrower channel, higher shear?

**Many uncertainties, so must manage adaptively**

For spawning gravel augmentation,  
framework size should be movable by the fish

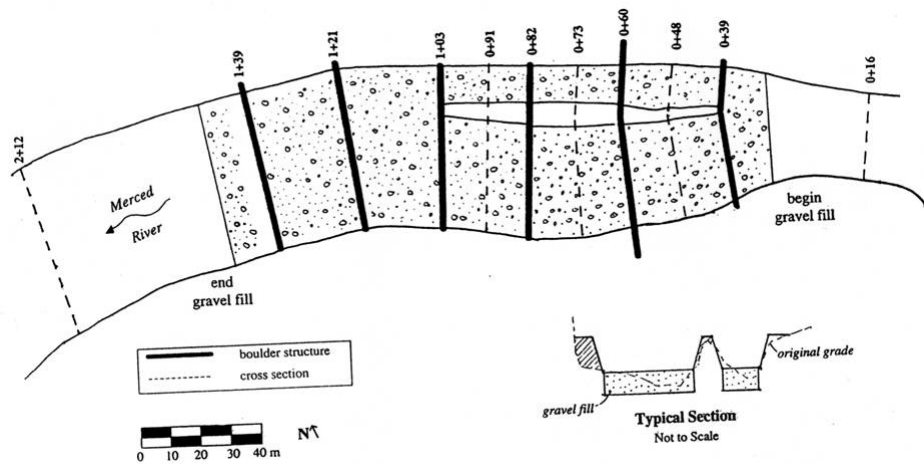






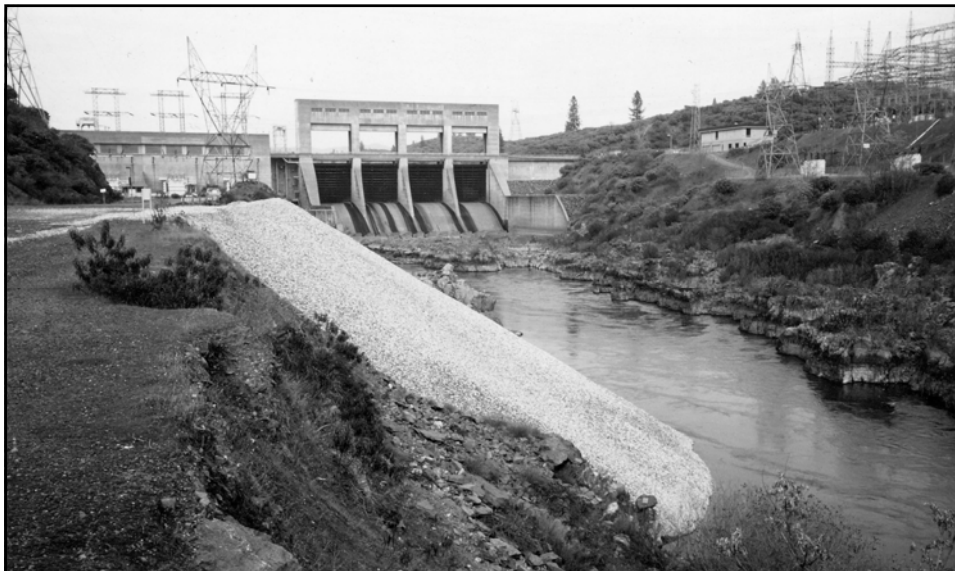
*Artificial riffles designed to create spawning habitat by creating the forms*

*An example of an artificial riffle construction: the Merced River*





Gravel scoured and transported from constructed riffles  
after 4 drought years  
-Application of Shields' criterion shows the imported  
gravel was mobile at the *post-dam* Q1.5



*Gravel injection below Keswick Dam*

***How to define success?***

*Artificial riffles*

-Still functioning?

*Gravel injection*

-Is gravel moved downstream  
and deposited in suitable forms?

*For both:*

-Used by fish? Used by the *RIGHT* fish?

-Is spawning limiting?

*New Approach:*

Restore sediment supply so river will  
create complex habitats (not just spawning riffles)



*Gravel augmentation on the Rhine:  
to prevent undermining of infrastructure*

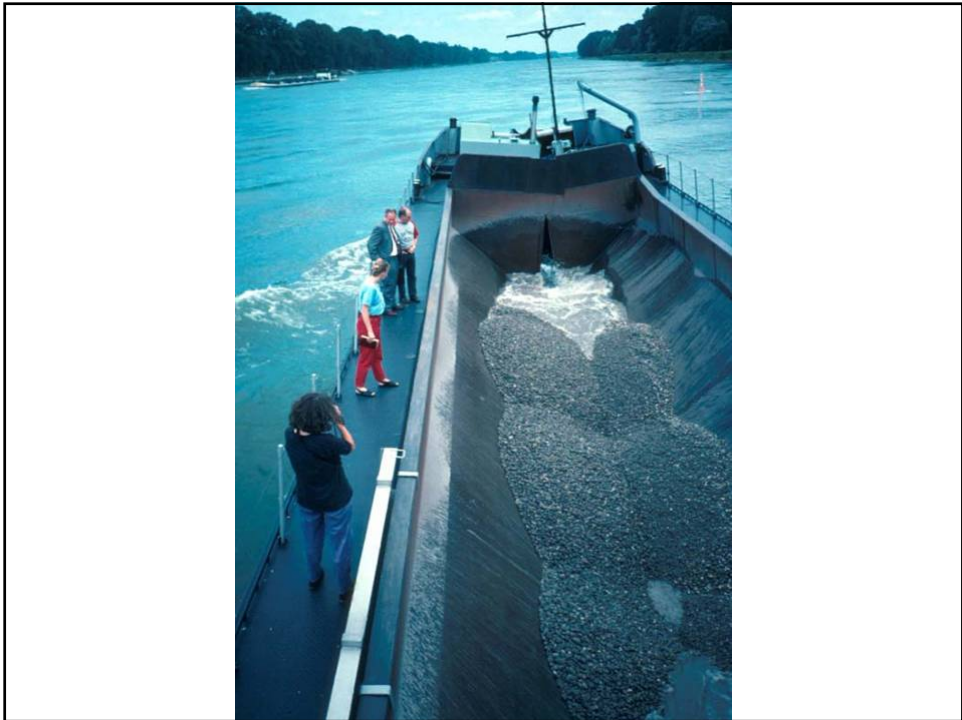
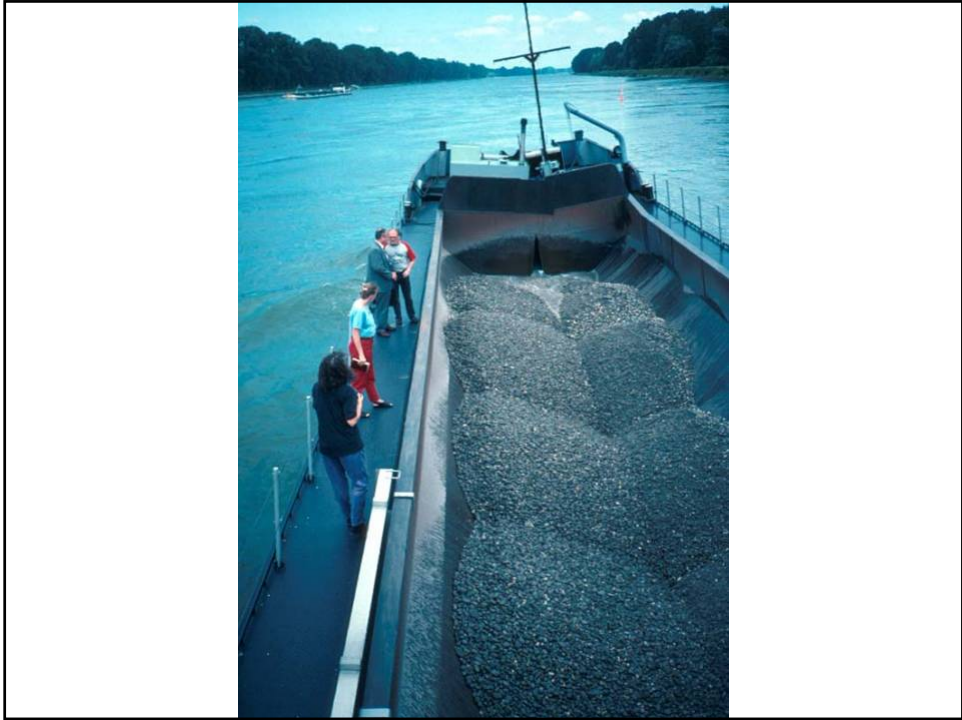




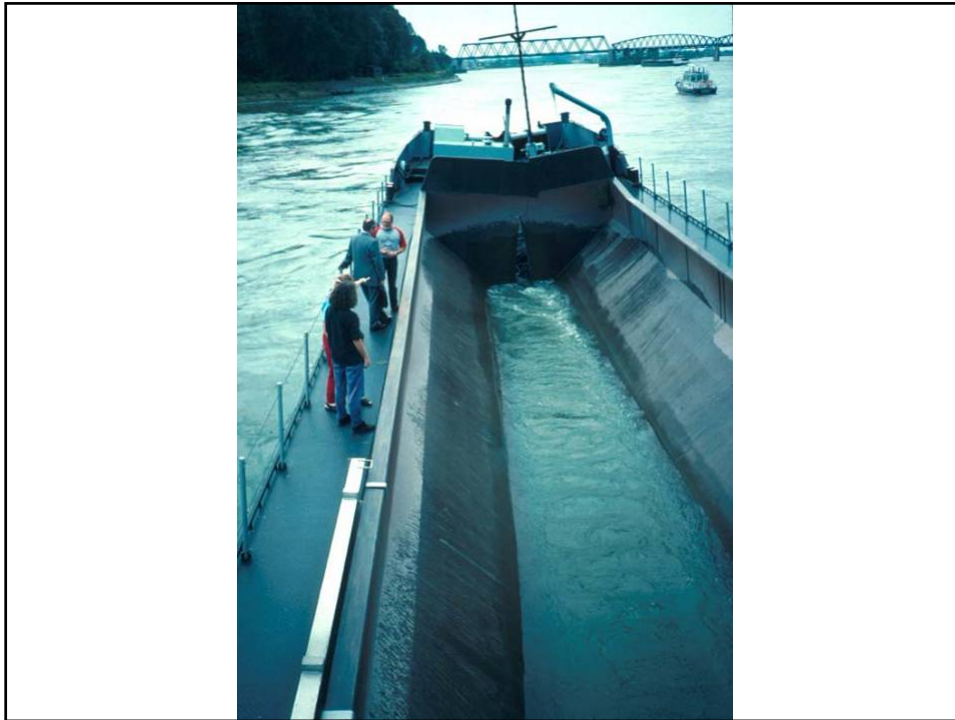
Iffezheim: the downstream-most dam











**What do we mean by restoration?**

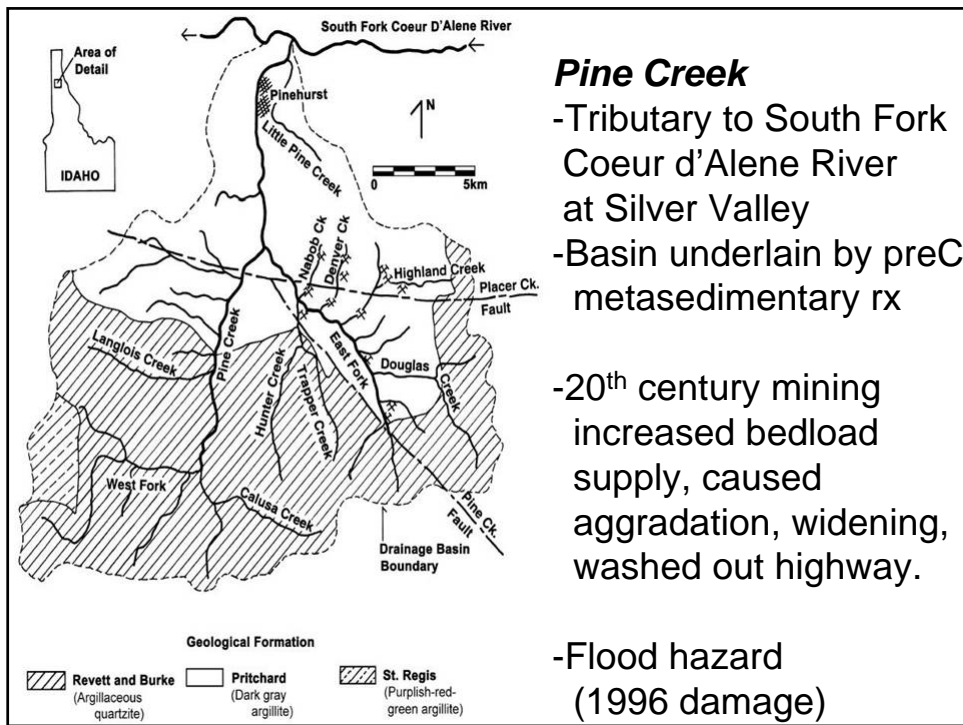
**Objectives will be different in different places...**

***Examples: Watershed change, channel change  
in two contrasting catchments***

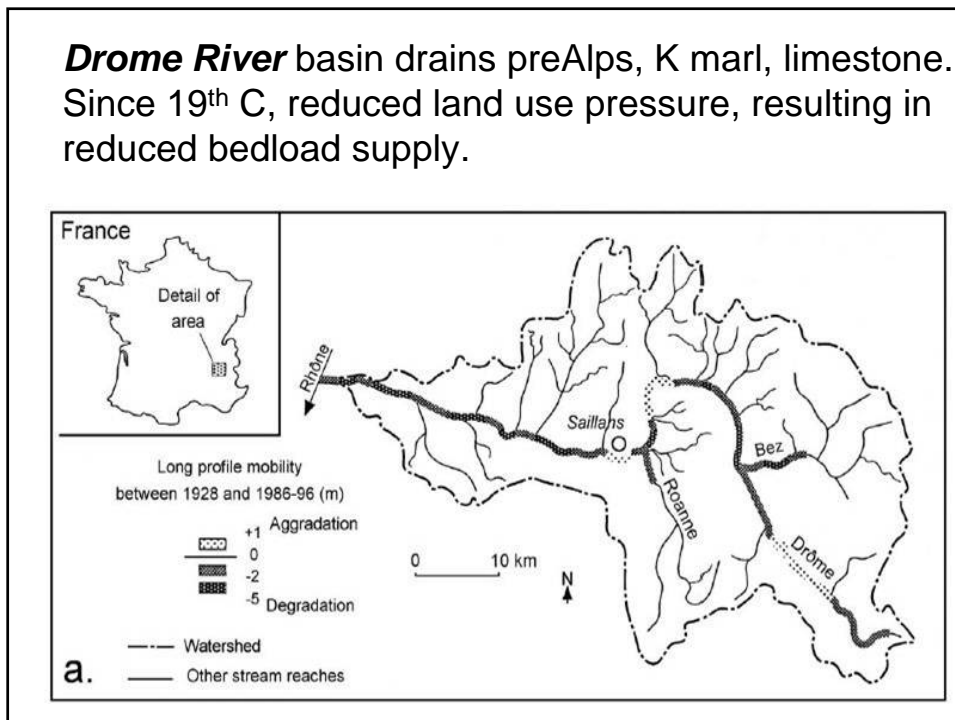
- Pine Ck, Idaho
- Drome R, SE France *(Kondolf, Piegay, Landon 2003)*

Both underwent large changes in bedload sediment yield since 19<sup>th</sup> century, but in opposite directions.

In both cases, managers seek to “restore” to prior conditions



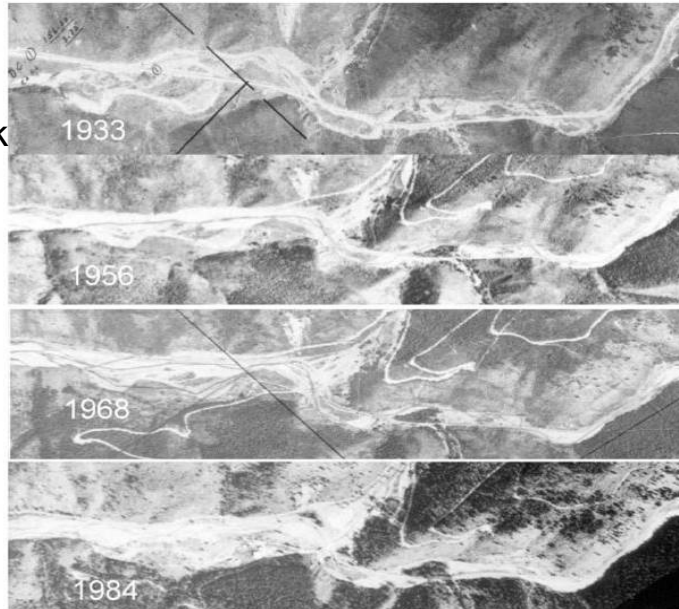
**Drôme River** basin drains preAlps, K marl, limestone. Since 19<sup>th</sup> C, reduced land use pressure, resulting in reduced bedload supply.



Rock waste pile feeding Highland Ck, Pine Ck trib



Input of  
rock waste  
to EF Pine Ck  
caused  
channel to  
widen 50%  
1933-1984

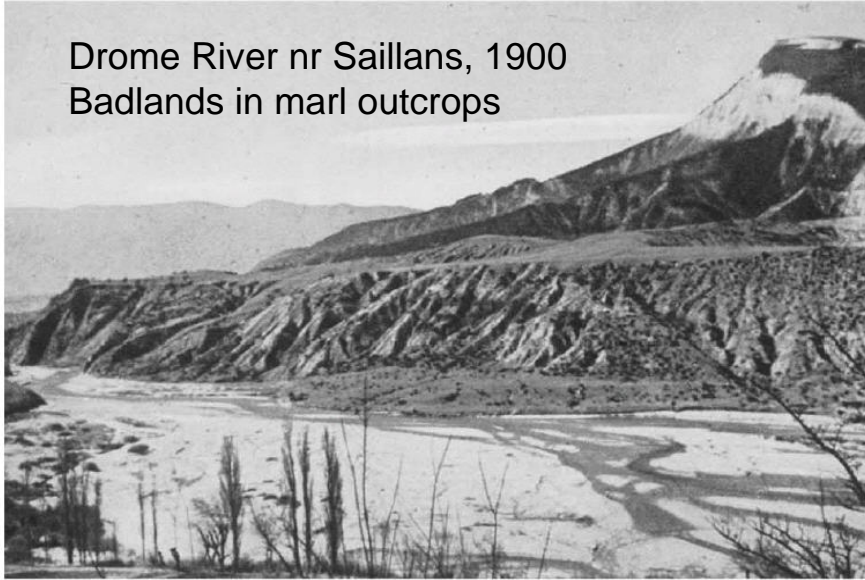


Scale  
(approx.)  
0 500m

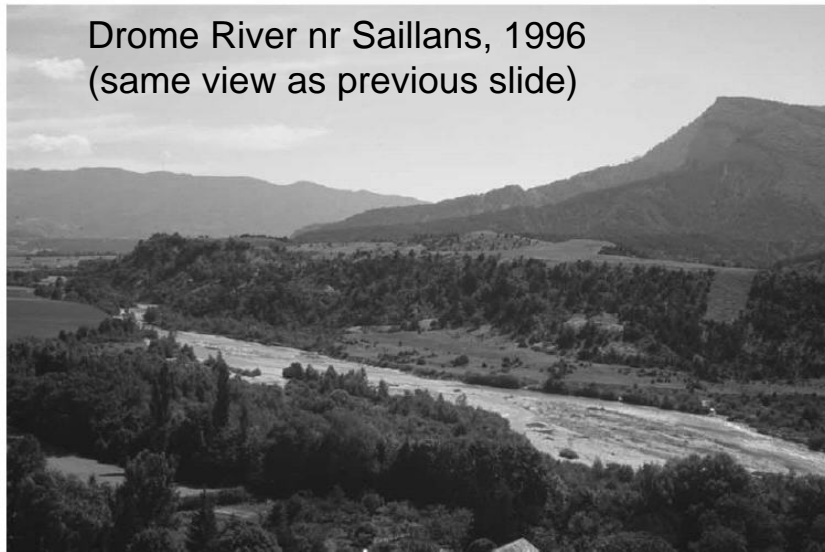


Profound landscape change since 19<sup>th</sup> century:  
Reduced population density and land use in mountains

Drome River nr Saillans, 1900  
Badlands in marl outcrops



Drome River nr Saillans, 1996  
(same view as previous slide)



*Image courtesy Herve Piegay and Norbert Landon*

***Restoration Actions: Pine Creek***

- Remove tailings
- Stabilize rock waste dumps (sediment sources)
- Stabilize channel
- dredge aggraded sediments above Pinehurst

Objective: reduce bedload supply, stabilize channel, reduce flooding risk

***Restoration Actions: Drome River***

- Gravel mining outlawed in 1980s
- Sediment no longer removed for routine maintenance, even landslide sources
- Proposals to *increase* bedload by re-activating landslides, removing check dams

Objective: increase bedload supply to recover incised bed

***Both Pine Creek and Drome restoration programs have been successful so far because:***

- they take a basin-scale approach
- address sediment supply
- they don't look only at the reach scale, but look upstream

***"Restoration" in opposite directions:***

- Pine Ck – flooding problems, unstable channel;  
*Restore via narrowing and stabilization*
- Drome R – incision, water table decline and loss of alluvial aquifer;  
*Restore via aggradation*

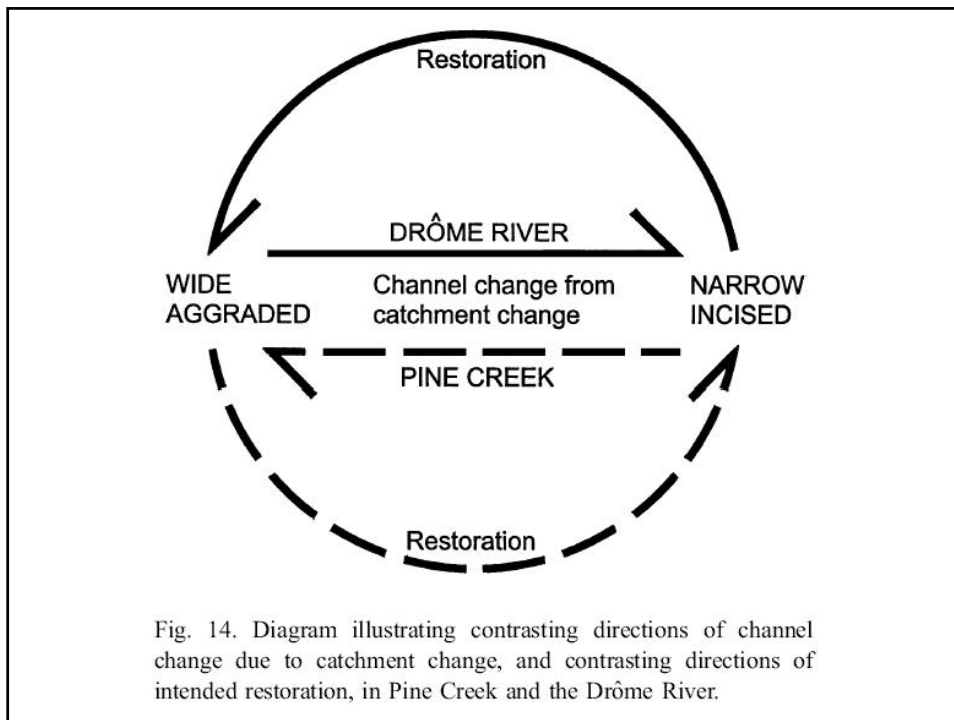


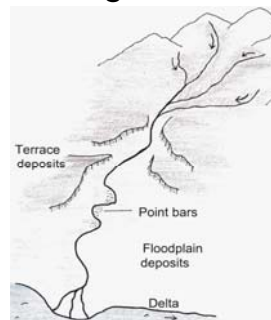
Fig. 14. Diagram illustrating contrasting directions of channel change due to catchment change, and contrasting directions of intended restoration, in Pine Creek and the Drôme River.

Problems are typically formulated by managers

- on short time scales
- at the reach scale

Yet solutions require understanding

- **catchment/systemwide context**
- **longer time scales**



This may seem obvious, but most restoration projects are designed at the reach scale, many don't account for catchment-scale influences

Restoring process vs form

- must understand catchment to restore process



Very popular in North America is form-based:  
design *stable, single-thread, meandering channels*  
based on Rosgen classification scheme



*Uvas Creek, California Jan 1996, 2 mo post-construction  
(Are we in Denmark?)*



*Uvas Ck (same view as last photo) July 1997  
Channel failed Feb 1996, 3 months after construction*

## Basis of channel design: excerpts from plan

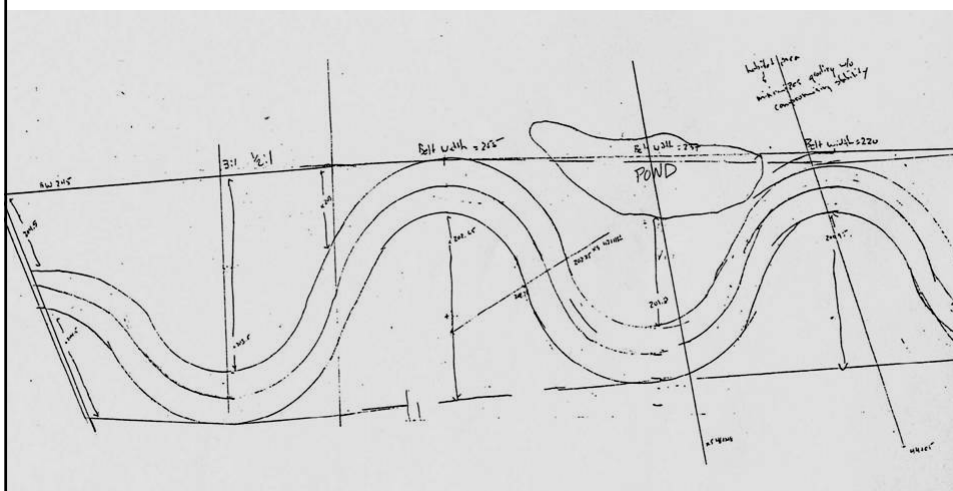
The channel was once a stable C4 channel (Rosgen, 1985, 1993). C4 channels have well defined point bars and floodplains, which are used as energy dissipating features during high stage, high energy events. Energy is also dissipated by the sinuous meander pattern (Leopold, Wolman, Miller, 1964).

Levee construction, gravel extraction, and ill-fated flood control efforts resulted in a deepening and straightening of the channel. The effects of these activities on channel stability and behavior are to convert the stable C4 channel to F4 and G4c channels. This conversion results in:

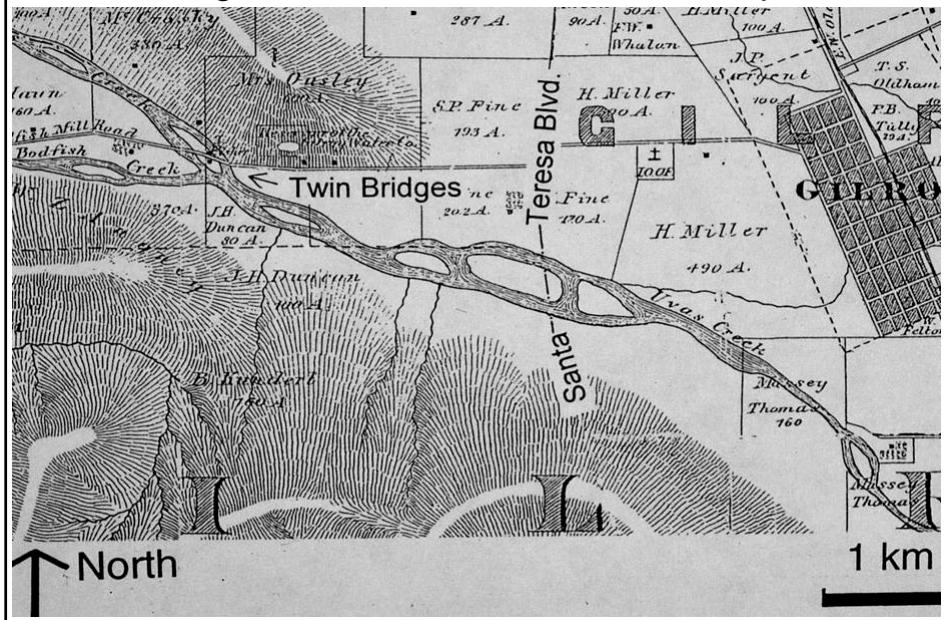
- an increase in mean velocity,
- a higher entrenchment ratio (bankfull width to width at 2x bankfull depth)
- an increase in sediment contribution from banks (manifested by bank collapse, lateral channel migration),
- a decrease in fish and wildlife habitat habitat,
- disturbance to native riparian plant communities,
- an increase in channel roughness caused by hydrologic instability.

## Channel design based on

- Classification as C4 type channel
- Meander geometry relations (e.g., wavelength and amplitude scaled to bankfull channel width)



Historical evidence: channel was not formerly a meandering channel, but braided. 1879 map:

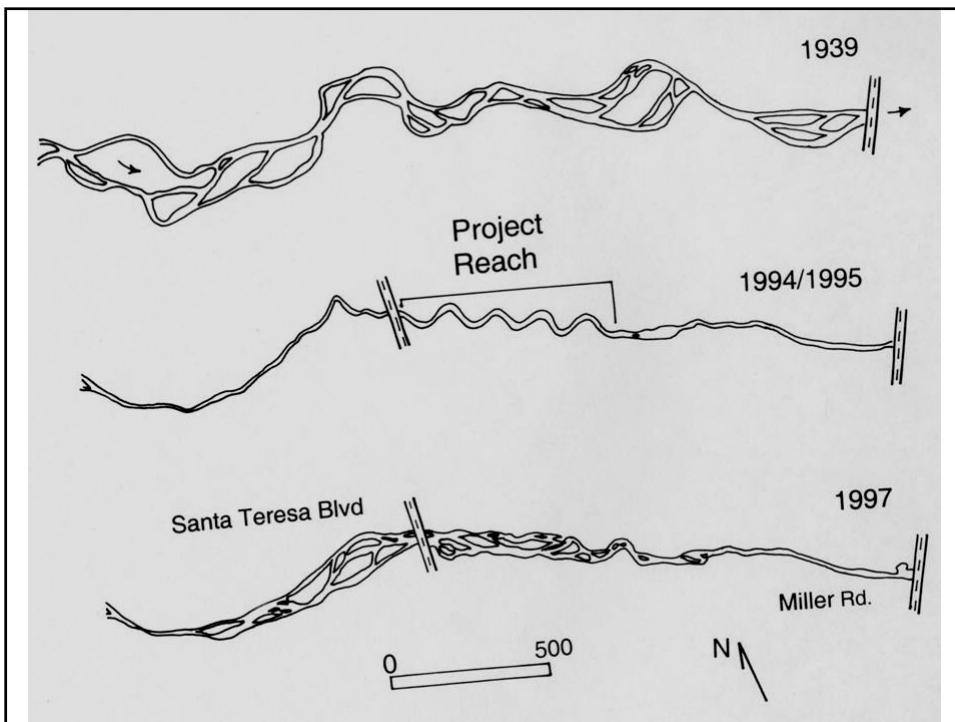


The channel was wide, unvegetated, braided.  
1894 photo from Twin Bridges (1 km upstream project)





The project reach was braided in 1939: reflects climate (Mediterranean) and lithology (Franciscan Formation)



***Why did the Uvas Creek project fail?***

The designers didn't understand the system:

- drains the California coast ranges, Franciscan fm
- episodic, Mediterranean-climate runoff
- high sediment loads

They didn't take a longer-term, historical view to see that this reach had never been a single-thread meandering channel

Tried to restore form, ignoring process

Uvas Ck is one of many such projects built in California whose fate has been the same

**C4/C3 Meandering Channels in California**  
*(Some dates below appx, being checked in NRRSS)*

---

1990	Wolf Ck, Sierra Nevada	Washed out, buried
1990	Cuneo Ck, Coast Ranges	Washed out
1993	Mattole Cyn Ck, Coast Ranges	Washed out
1994	Greenhorn Ck, Sierra Nevada	Washed out
1995	Jamison Ck, Sierra Nevada	Washed out
1995	Uvas Ck, Coast Ranges	Washed out
1996	Cold Ck, Lake Tahoe	Filled then scoured
1997	West Walker R, Sierra	Rocked meanders
1999	Bear Ck, Cascades	Channel moved to meadow (success), Many constructed riffles (undulating bed cut into clay) washed out
2001	Ackerman Ck, Coast Ranges	Washed out

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Cuneo Creek,  
Tributary to Bull Ck  
Humboldt Redwoods  
State Park, California

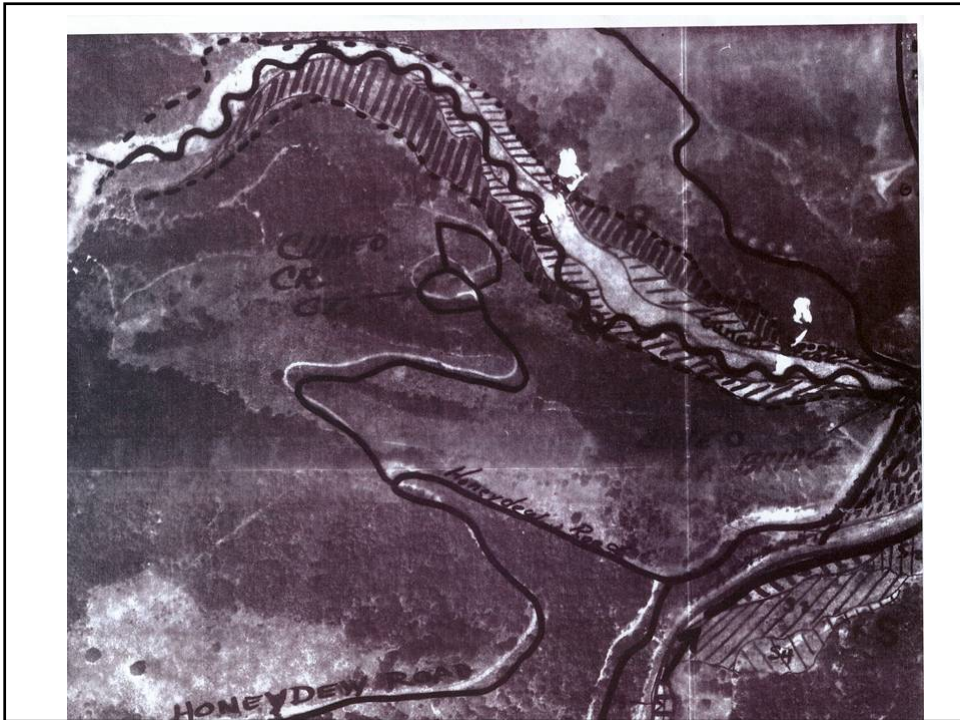
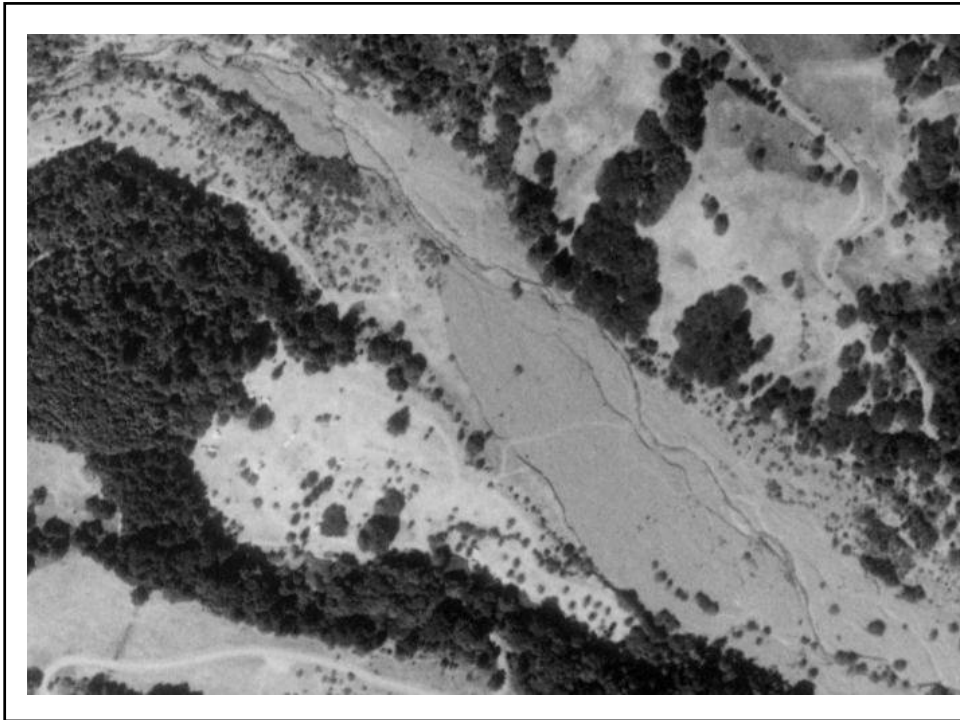
Basin logged in  
1950s-60s, high  
sediment yields.

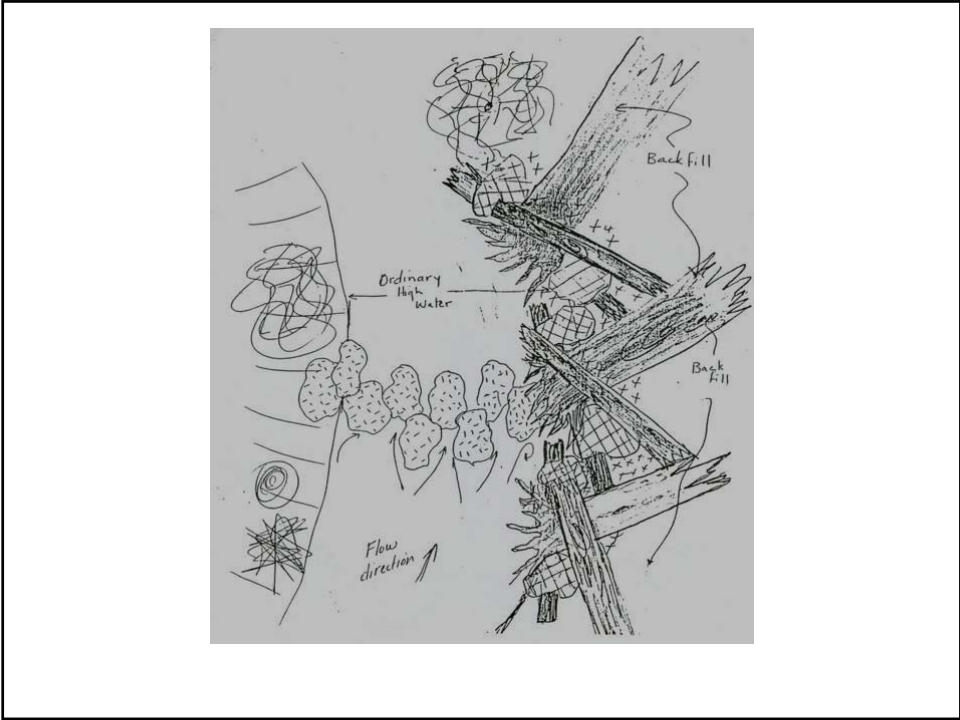
Aggradation (7m),  
braided channel



Landslide in  
Upper Cuneo Ck  
basin









***Why did the Cuneo Ck project fail?***

Designers did not look upstream at high erosion rates,  
did not account for evidence of historical aggradation

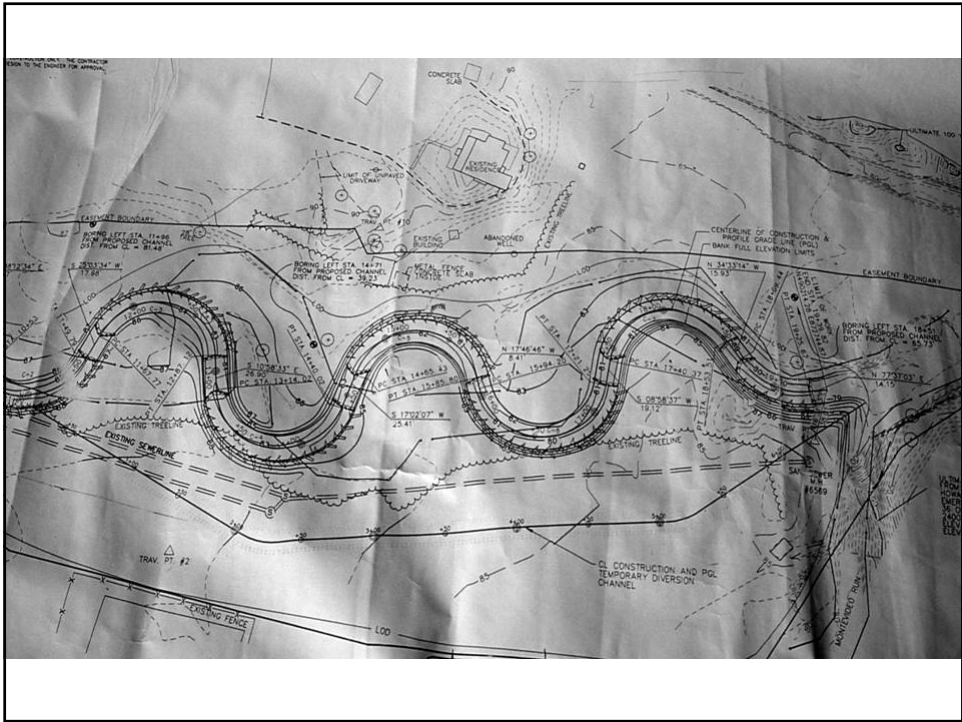
Tried to impose a channel form inconsistent with  
the runoff regime and sediment supply (process)



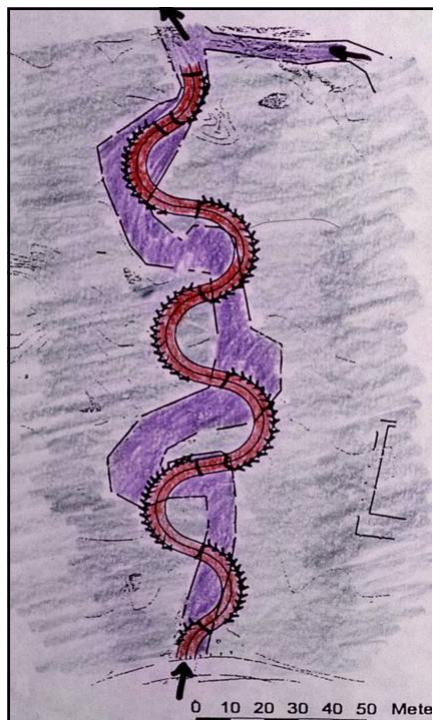
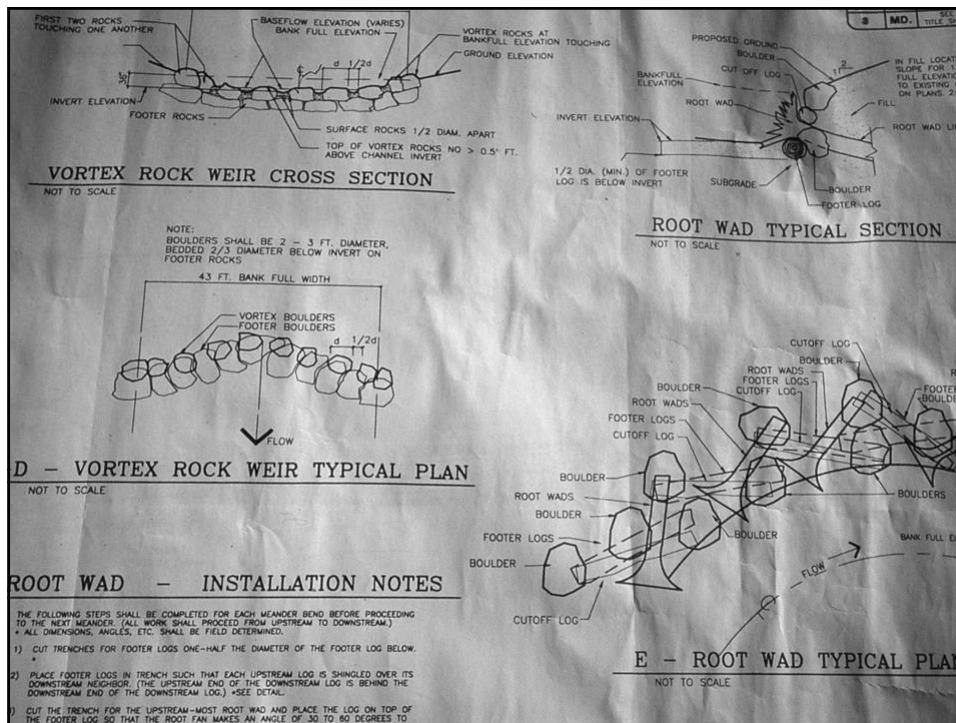


Deep Run, Maryland.

At fall line, gravel deposition zone  
 Old mining pits downstream, 'wetlands' filling with sed  
 DOT built bridge, filled 'wetlands', needed 'mitigation'.  
*Money looking for a project!*  
 Deep Run channel assumed to be eroding, sed source.  
 Designer didn't look upstream, at urbanizing catchment  
 Logic: Build 'proper' geometry, no more erosion!







Narrower, symmetrical  
C4 channel  
predicted to be stable.

Existing riparian vegetation  
removed

Smith (1997) found  
overbank velocities higher  
post-project  
(reduced roughness)

Looking upstream at erosion from overbank flow.  
No rip veg, low roughness, high overbank velocities



Channel shifted away from protected banks

### ***Why did the Deep Run project fail?***

Better to ask:

Why was the project built in the first place?

- Mitigation money looking for a project
- Designers didn't look upstream in catchment
- Designers didn't look at historical evidence to understand site context and history

And, as at Uvas and Cuneo Creeks, an attempt to impose a symmetrical meandering channel form, ignoring process

### ***Why stable, symmetrical meandering channels so popular for design?***

-----  
Easy to design by cookbook: standard elements, e.g., such as rootwads, rock weirs.

*Practitioners know how to build them!*

Classification system predicts they are stable.

Cultural preference for stable, narrow, single-thread channels. (trout streams!)

Imposed on channels because designers don't take a long-term and catchment view of process



**Cultural Preference for Meanders**

-Appleton (1975): “deflected vistas” e.g.paths, rivers, valleys, as line of sight deflected, curved

-Cullen (1961): “anticipation”, curving city streets

-Kaplan & Kaplan (1984): “mystery” in landscape

-18<sup>th</sup>-19<sup>th</sup> Century English landscape ideas:  
Beautiful, picturesque, sublime

-“Find the S-curve”



The Thames viewed from Richmond Terrace,  
considered an ideal landscape





A Brownian landscape (*above*) and the same landscape (*below*) made picturesque, from Richard Payne Knight, *The Landscape: a didactic poem* (1794)

Meandering channels built by Capability Brown (and other landscape architects) on the estates of their wealthy clients in 18<sup>th</sup>-19<sup>th</sup> centuries.

There is something compelling about the serpentine line!



ALL NEW JEEP GRAND CHEROKEE.

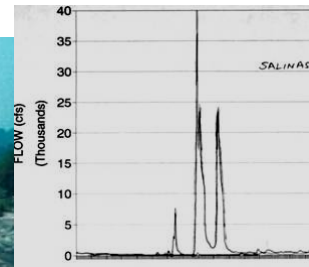
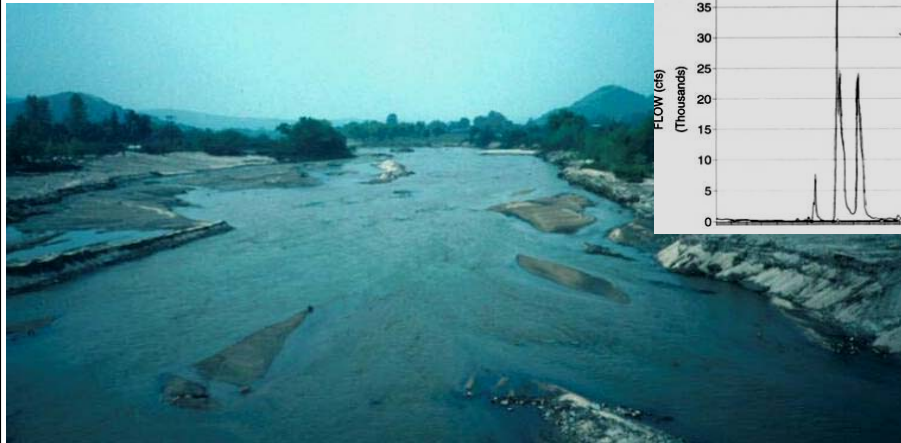
THE OFF-ROAD LEGEND CONTINUES...ON-ROAD.

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**Jeep**

***Mediterranean-climate rivers:***

- high variability seasonally and inter-annually
- episodic geomorphic processes
- greater motivation for water storage, flow regulation



***An Arizona crossing over the San Luis Rey River***



Whoops!



*Carmel River above San Clemente Dam 1987,  
after high flows of early-mid 1980s*





*Carmel River 1993, 1993 after 6 years of drought*



*Carmel River 1995, after flood*





***Temporal and Spatial Distribution  
of Water Supply and Demand***

Water supply variable, out-of-phase with demand.  
Climate suited to irrigated agriculture, so demand high  
Result: *need seasonal, year-to-year storage*  
Med-climate rivers have much higher rates of  
impoundment/hydrograph change than humid rivers

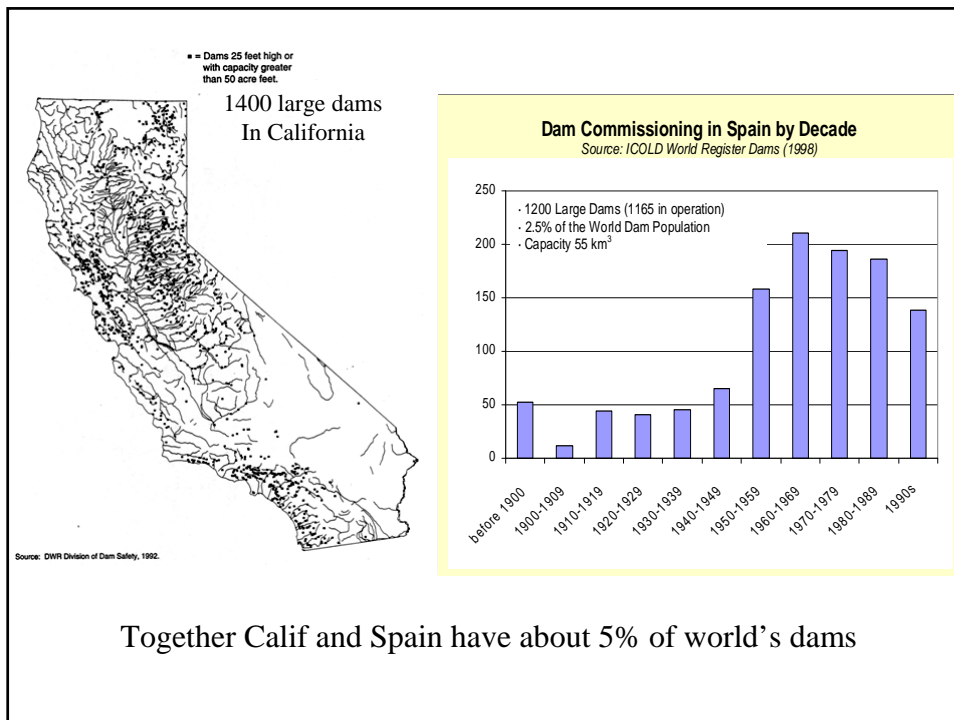


*Irrigated rice fields, Sado River Portugal*

***Big Water Projects: Political Role***

US: TVA, Central Valley Project, Calif State Water Project  
Portugal: Salazar's "Estado Novo", e.g. Sado R project  
Spain: Franco's dam program, Spanish Hydrological Plan





***Impounded runoff index:***

$$IR = \frac{\text{reservoir capacity}}{\text{mean annual runoff}}$$

- IR is a rough indicator of the degree to which reservoirs alter flow regime

-Can calculate IR using total storage or active storage (latter less widely available but should be more appropriate)

- Theoretically a measure of residence time, though in practice the sequence of years is very important

***Humid climate rivers***

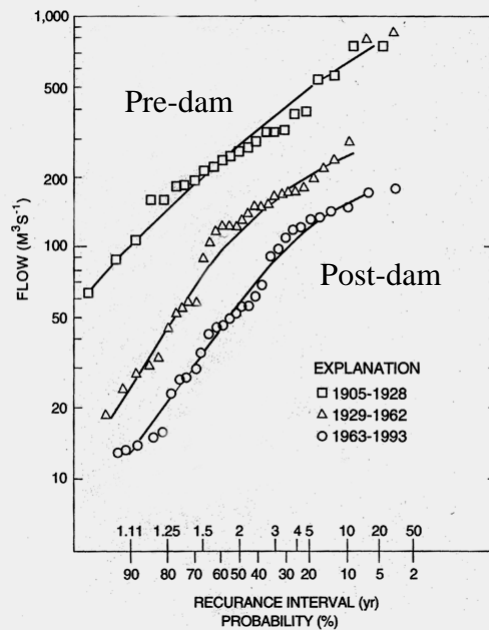
Potomac River: IR < 0.20  
Elbe River: IR < 0.05  
Rhein River: IR < 0.15

***Mediterranean climate rivers***

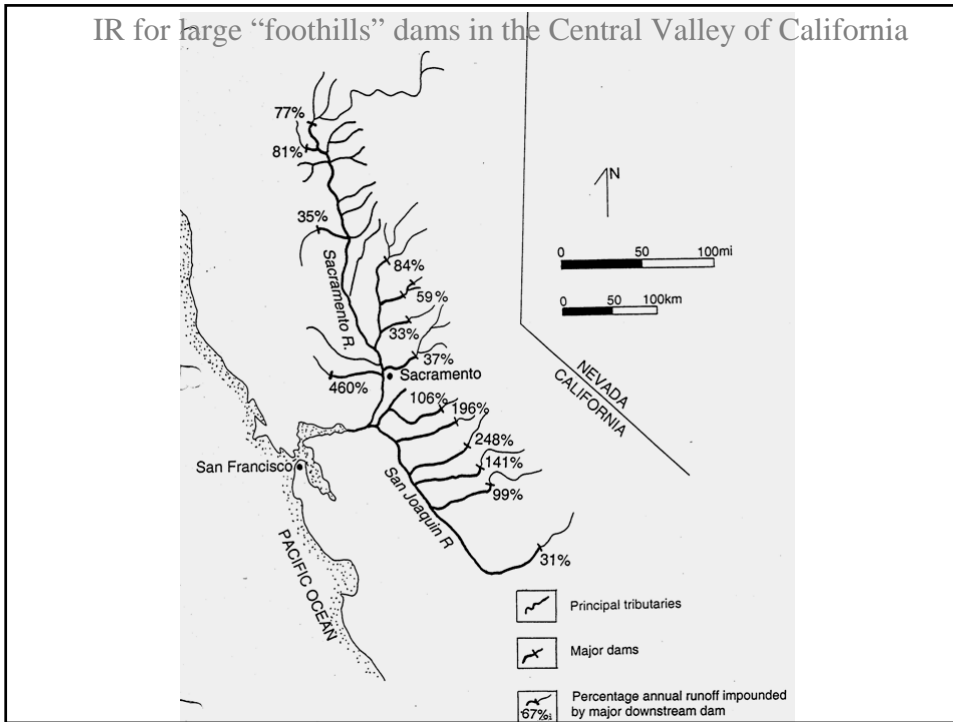
Ebro R, Spain: IR = 0.57  
Spain overall: IR = appx 0.40  
Sacramento R: IR = 0.80  
San Joaquin R: IR = 1.20

***The result is reduced flood magnitudes***

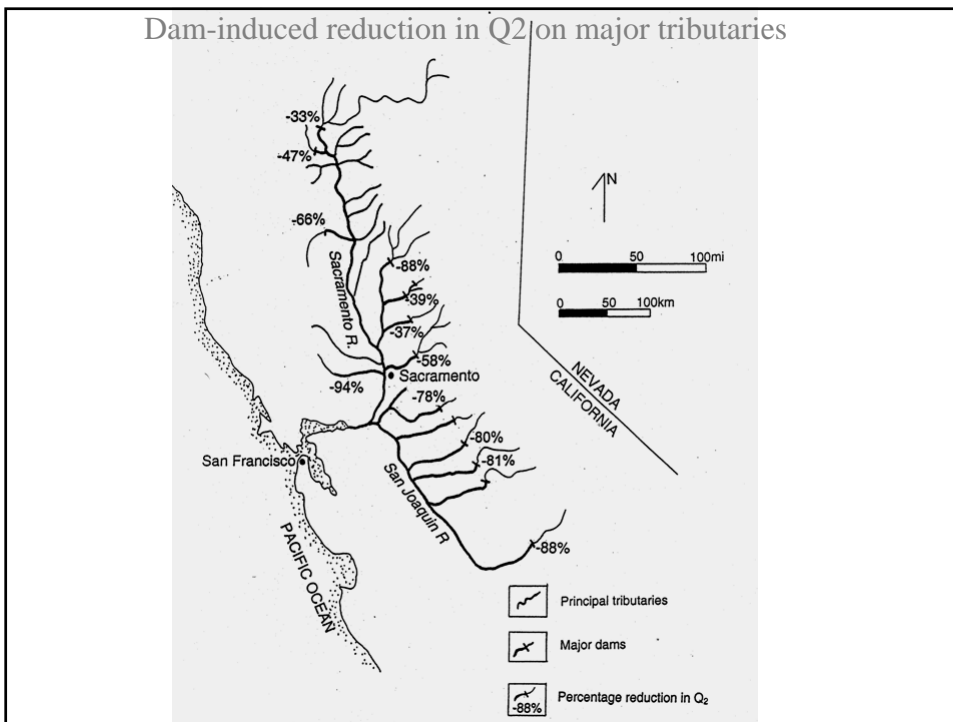
Mokelumne River  
Flood Freq. Analyses



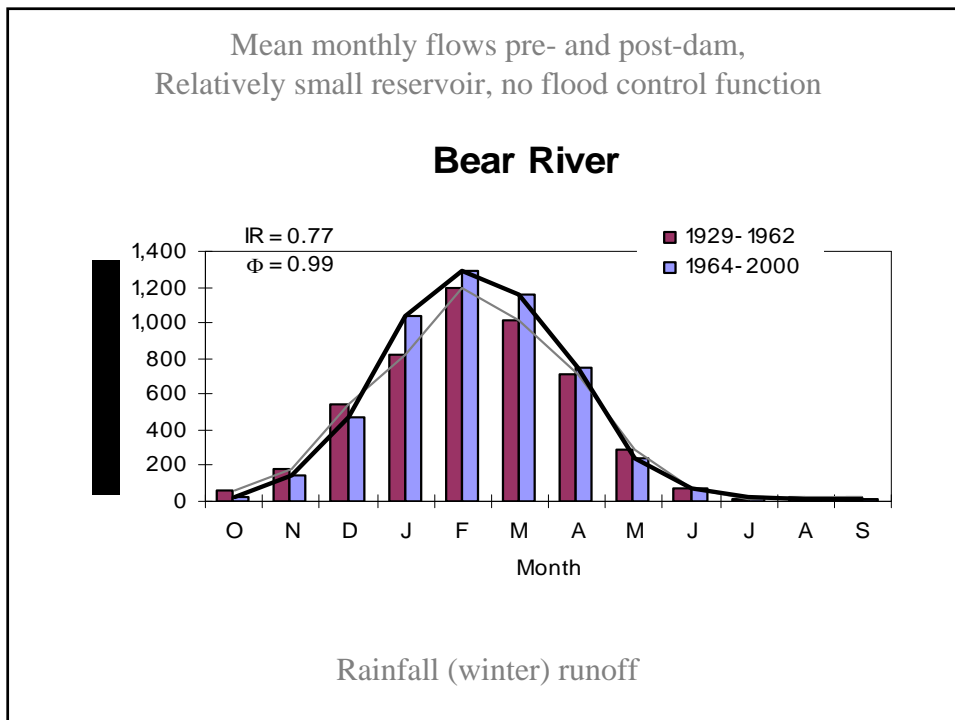
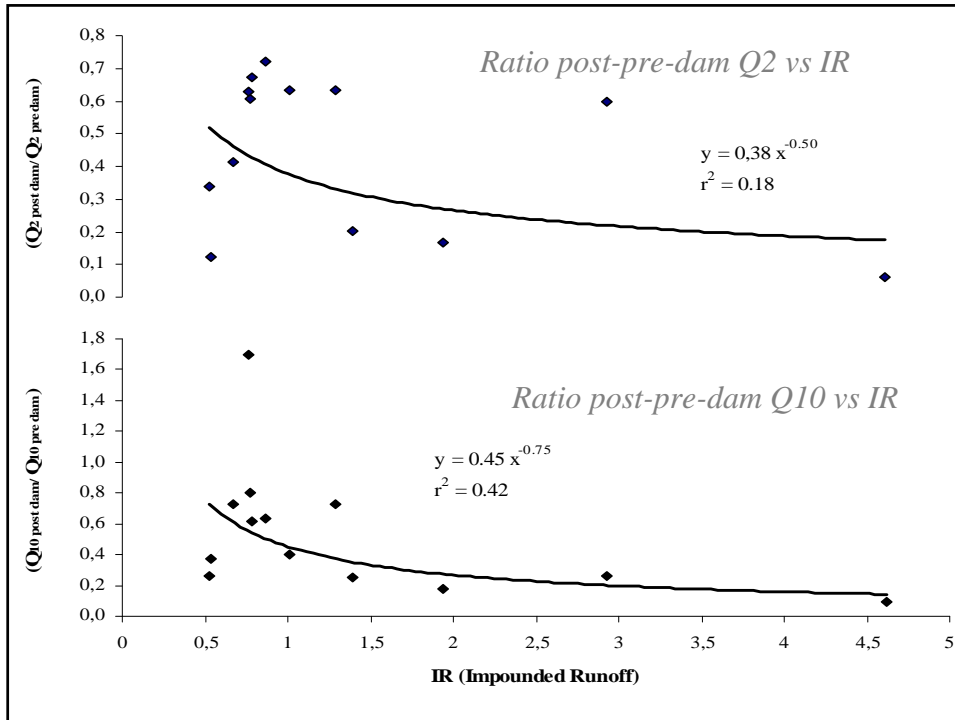
### IR for large “foothills” dams in the Central Valley of California



### Dam-induced reduction in Q<sub>2</sub> on major tributaries

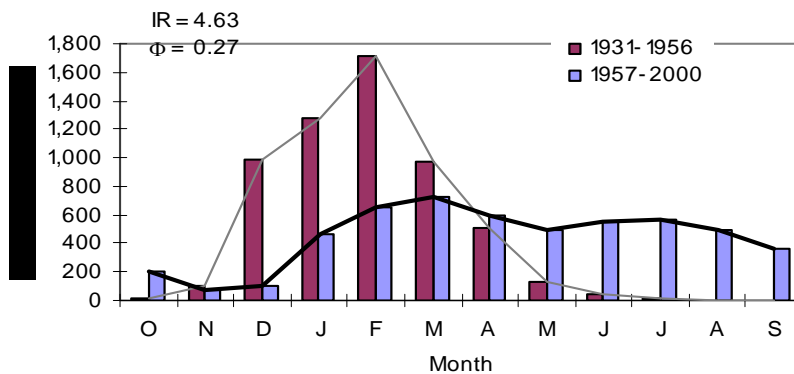






Mean monthly flows pre- and post-dam,  
 changed seasonal distribution  
 (Big dam on a small river)

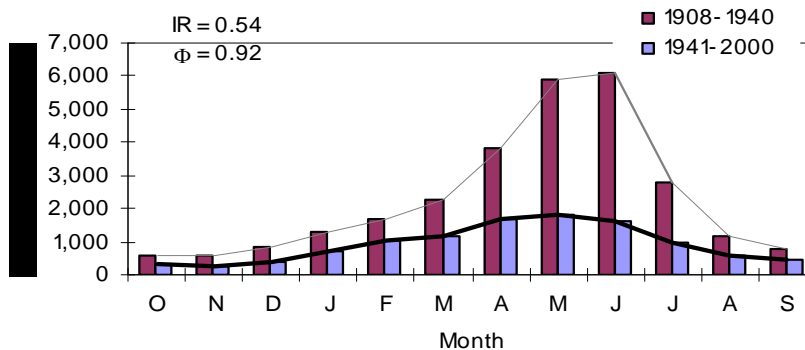
### Putah Creek



Rainfall (winter) runoff

Mean monthly flows pre- and post-dam,  
 With large agricultural diversions from dam

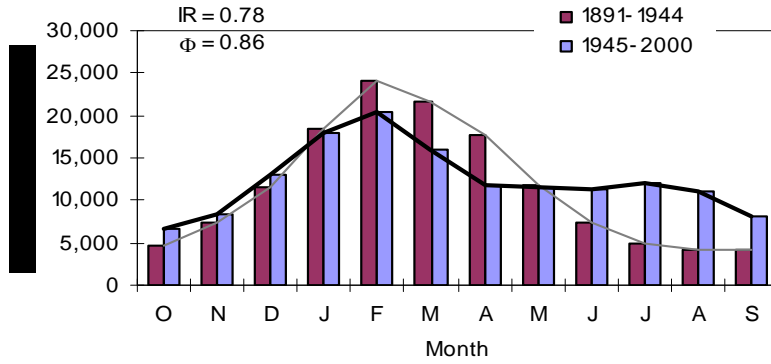
### San Joaquin River



Snowmelt dominated runoff)

Mean monthly flows pre- and post-dam,  
 Changed seasonal distribution of flows, flow augmentation

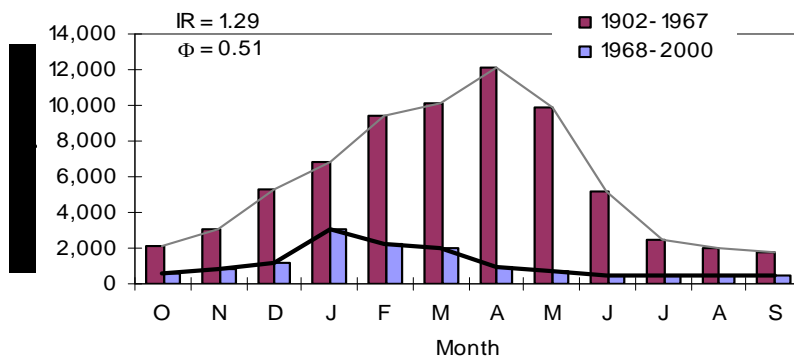
### Sacramento River



Mostly rainfall-dominated runoff.  
 Implications for establishing cottonwood forest

Mean monthly flows pre- and post-dam,  
 Dewatered reach below hydroelectric diversion

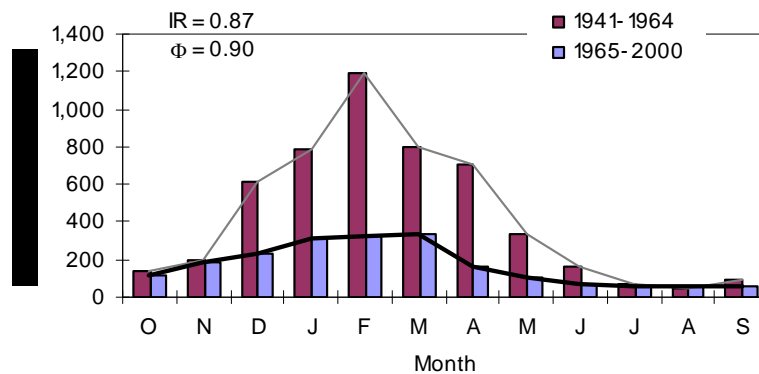
### Feather River - near Oroville



(rainfall-dominated runoff)

Mean monthly flows pre- and post-dam,  
With export from basin

### Clear Creek



(rainfall-dominated runoff)

#### ***Compare with Ebro River basin:***

*(Batalla et al. 2004)*

Q2 and Q10 decreased by 30%

(compared to 60% decrease in Sacramento-San Joaquin)

Overall IRs: Ebro 0.6, Sacramento 0.8, SJoquin 1.2

Q2 and Q10 against IR:

R2 of 0.52 and 0.60 for Ebro vs 0.32 and 0.42 Sacto-SJ

#### ***Implications for Restoration of Hydrograph change:***

Do you restore a shrunken river below the dams?

Or try to increase flow releases?

Or some combination?



### ***Prioritizing Restoration Efforts***

Even well-funded restoration programs small compared to magnitude of historical change

***“Low-hanging fruit”***

***“Bus shelters”*** (gravel augmentation in Calif?)

We need a catchment/systemwide, long-term perspective to understand how individual projects might fit into the bigger picture

### ***Prioritizing at the basin scale***

for the Sacramento River:

Acknowledge scale of modification

Less than 5% tidal wetlands, floodplain forests remain.

*How to “restore”?*

*How to allocate resources?*

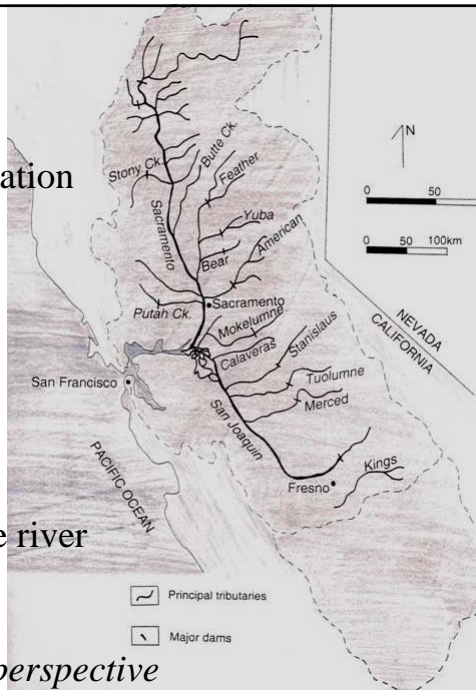
But no big dam downstream,

Tributaries wired in parallel,

Thus can restore salmon in one river

whilst writing off its neighbor

*Need catchment/system-scale perspective*



## **Five Principles for River Restoration**

### ***1. Approach restoration in context of historical changes***

-What is “restoration”?

### ***2. Riverine species depend on connectivity/dynamics***

-Restore (preserve) process, not form

### ***3. River restoration still largely experimental***

-Learn by post-project appraisal, adaptive management

### ***4. Approach larger spatial and temporal scale***

-Understand processes and historical changes at basin scale

-Prioritize actions in larger context

### ***5. Set goals in context of constraints/opportunities***

-Urban-wilderness continuum