



Cultura colaborativa en el Movimiento de Transición

creatividad social en un mundo incierto

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CENEAM-MAGRAMA

Jornadas Hogares Verdes
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Ámbitos de acción

o Global



o **Local-Comunitario**

o Familiar

o Personal



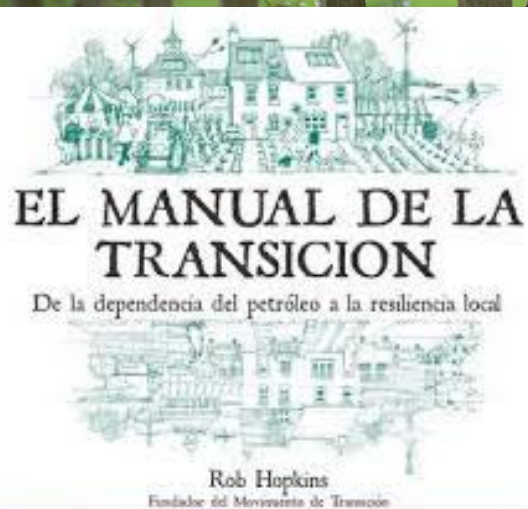
Comunidades en transición hacia un futuro de baja energía



Ciudades y pueblos en Transición

*“Iniciativa colectiva de grupos de ciudadanos que, tras un proceso de ‘caer en la cuenta’, y pasar por el trance inevitable del pánico, visualizan cómo podría ser su ciudad/barrio/pueblo en un **escenario de baja dependencia energética y de capacidad colectiva de proveerse de los medios de vida dignos**”*

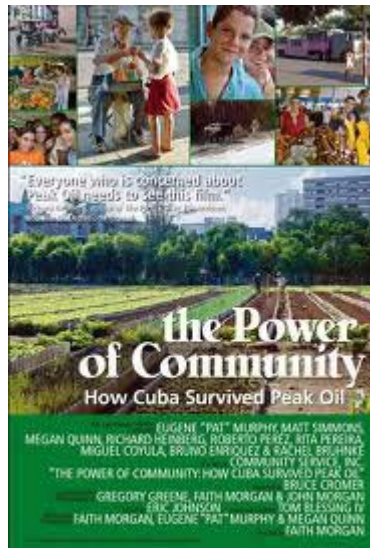
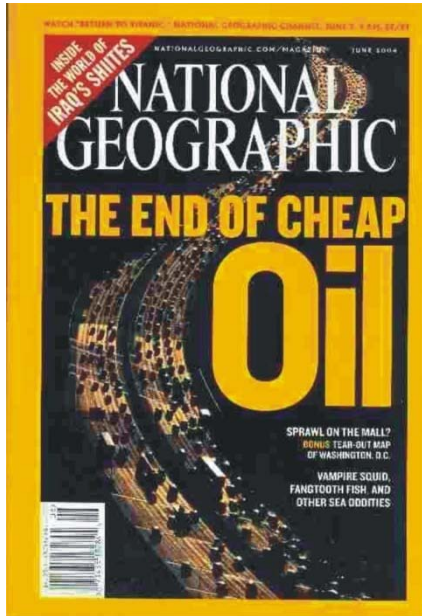
J. Zarzuela



<http://www.transitionnetwork.org/>
<http://transitionculture.org/>

"Si tu pueblo todavía no es un Pueblo en Transición, aquí tienes la guía para hacerlo. Transición para siempre y mucho que hacer." - Richard Healey, autor de El Pico de Todo

Respuesta local a los problemas globales



Cenit del petróleo & Cambio Climático

CENIT DEL PETRÓLEO

(a la Hirsch y otros)

- Carbón en gasolina
- Gas en gasolina
- Relajación de las normativas de perforación
- Bio-combustibles a escala masiva
- Obtener petróleo de cualquier tipo de yacimiento
- Nacionalizar los recursos y controlar los stocks

RELOCALIZACIÓN PLANIFICADA

- Resiliencia local
- Reducción de carbono
- Consumir cerca de casa
- Producir cerca de casa
- Ocio cerca de casa
- Comida local
- Capacitación médica local
- Planes locales de descenso energético
- Monedas locales
- Infraestructuras de energía descentralizadas
- Gran recuperación de habilidades perdidas

CAMBIO CLIMÁTICO (a la Stern y otros)

- Ingeniería del clima
- Captura y almacenaje de carbono bajo tierra
- Reducir el CO2 con árboles
- Canje internacional de emisiones
- Adaptación al clima
- Mejora de la logística del transporte
- Energía nuclear

Transición ¿por qué?

Climate change



20.2%

or 565 gigatons: the amount of remaining CO₂ we can still release into the atmosphere

If we want to keep the rise in global temperatures below 2°C to avoid runaway climate change, then we can only burn a fraction of the fossil fuels we know exist underground.

source: <http://www.carbontracker.org/carbonbubble>

Addicted to oil



Since the Industrial Revolution we've built a way of life which is dependent on easy access to fossil fuels. But as the Age of Cheap Energy (1850-2008) passes the point known as Peak Oil and gives way to the Age of Unaffordable Energy (2008-?) we are increasingly at risk, economically and socially, as we can't just open the spigot and expect more cheap and easily accessible energy to fuel our homes, businesses, leisure, transport, factories and agriculture.

The Myth of Endless Expansion

The idea that relentless economic expansion is always a good thing – or even possible on a finite planet – no longer makes sense. Instead we need to grow community, wellbeing, social justice and resilience (the ability to respond and adapt to the unexpected). It would surely be sensible to be wary of any approach to creating growth which imperils those things, or which works only for a very few at the expense of the many by being focused solely on monetary growth within a flawed financial system.



A skewed economy



97% of all UK grocery sales are now through just 8,000 supermarket outlets. Yet independent businesses (the 3%) create more jobs, better health, wellbeing and social justice, and keep the money we spend circulating in our local economy. Which should we focus on growing?

source: Parbus, M. (2012) *The Parbus Review: an independent review into the future of our high streets*. Department for Business, Innovation and Skills

Anger

Frustration

Numbness

Despair

Powerlessness

You might be feeling overwhelmed by all the gloomy forecasts for our future. Often we just switch off from it, and it can look as though we don't care. But actually most of us care deeply – not just about our families, but about our community, the places we live, and



the future our children will inherit. We just need to feel we can do something about it, and that we have the support of others. We need to see the possibility that our actions can actually make a difference. And the more of us that do this, the bigger those changes will be.

Erm, this doesn't feel right...



We can end up feeling disconnected from ourselves and those around us.

BUT DON'T PANIC!

Transition Network is here to help you and your community build healthy, resilient, local responses to these challenges. We don't claim to have all the answers (we give no guarantee – this is an ongoing experiment and we're all learning as we go), but we've learned a lot already that we can share with you.

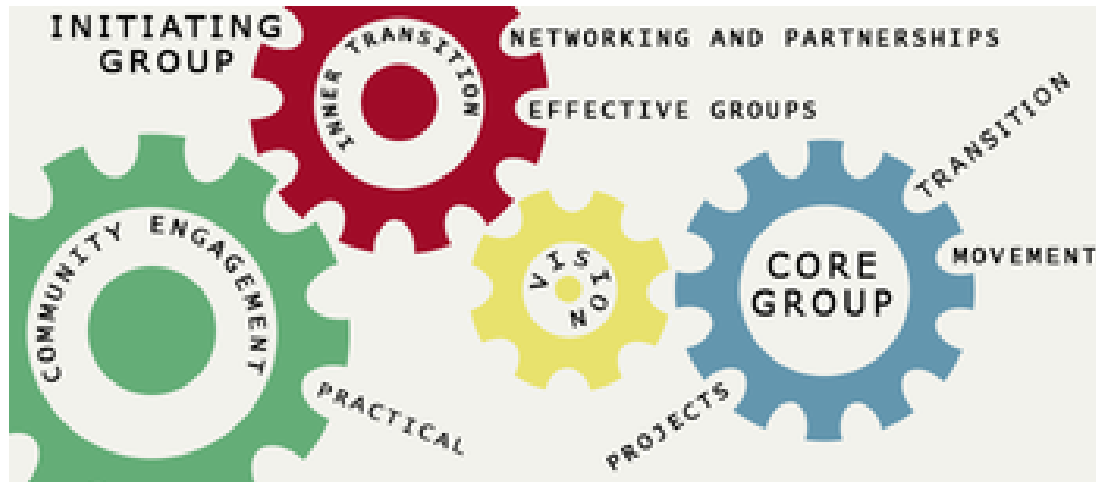
~~GUARANTEE~~

“Necesitamos sentir que podemos hacer algo y que tenemos el apoyo de otros. Necesitamos ver la posibilidad de que nuestras acciones marcan una diferencia.

Transition Network está aquí para ayudarte a ti y a tu comunidad a construir respuestas locales saludables y resilientes a estos retos.

No tenemos todas las respuestas ni ofrecemos ninguna garantía, esto es un experimento y todos estamos aprendiendo sobre la marcha, pero ya hemos aprendido un montón y podemos compartirlo contigo.”

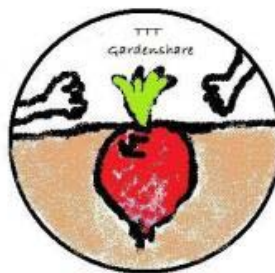
Transición ¿cómo?



- Reconstrucción de la **resiliencia local**
- Acción **demostrativa y positiva** frente al discurso y la confrontación
- Trabajo **en comunidad**, partiendo de saberes y expectativas de las personas
- Iniciativas en torno a **necesidades esenciales**
- Aproximación **pragmática** y optimista
- Enfoque en los **cuidados** de las personas y del entorno



Comida



Transition Town Totnes presents, in association with Totnes Sustainability Group and Totnes Museum;

Feeding Totnes Past, Present and Future.

With **Guy Watson** *Director, Organic Farm,*
Helena Norberg-Hodge *Author of 'Ancient Futures' and 'Bringing the Food Economy Home'*
Mary Barlett *Lifelong Devonian resident and gardener.*
Chaired by **Rob Hopkins** of Transition Town Totnes.

Wednesday October 4th 8pm. St John's Church, Bridgetown, Totnes. £4.

An evening exploring our changing relationship with food. How did Totnes feed itself before the advent of cheap oil and industrial agriculture, and what might we learn from that that will be of use to us in a future of rising energy prices? What might the concept of food security mean to Totnes? What local foods have we forgotten, and in what ways are people today reconnecting with local food? Also explored will be what the future of food production might look like.

How Will Totnes Feed Itself Beyond the Age of Cheap Oil?

An Open Space day.

Saturday October 7th. 10am - 4pm. Totnes Civic Hall. Free.

A community think tank exploring how Totnes might supply its food needs in a more energy constrained future. Ideas and thoughts raised will be central to forming the food chapter of the Energy Descent Action Plan... bring your ideas, inspiration, experience and passion.



www.transitiontotnes.org Totnes
www.transitionculture.org

- Huertos urbanos,
- Árboles productivos
- Bancos de semillas y plantas medicinales
- Community Supported Agriculture (CSA)
- Huertos compartidos
- Apoyo a granjas orgánicas



Community Supported Agriculture

Want to be a member of your local Community Farm?



Commitment to the farm for a full season

Know where your food comes from & who grows it



Subscription of £500 for one year pay up front or monthly (subsidies available)



Share the harvest in a weekly box from June to January



Pickup your veg in Totnes, Bridgetown or Dartington Estate



Attend events, courses & volunteer days
Support local, organic, ecological farming



members@schoolfarmcsa.org.uk

www.schoolfarmcsa.org.uk



Techo



- Keeping Totnes warm (consejo y asistencia práctica a mayores y personas vulnerables para la reducción del gasto energético)
- Feria de Eco-casas
- Fin de semana de puertas abiertas en eco-casas
- Promociones urbanísticas sostenibles (ATMOS Project y Transition Homes)

Open Eco-Homes

Sat 20th - Sun 21st September
10am - 1pm & 2pm - 5pm

PLUS Eco-Homes Fair

Sat 27th September
10am - 3pm
Civic Hall, Totnes

Visit homes and gardens in Totnes, Dartington and surrounding areas at different stages on the journey to reducing environmental impact and household bills.

Pick up a programme from the Totnes Information Centre, the TTT office at 43 Fore St, or the TTT website.

Open Eco-Home No.17:

Capton Spring, near Dittisham. See programme for details and tour times.

www.transitiontowntotnes.org



Inspired? Want to get more Transition thinking and new ideas into your workplace, school or college? We deliver away days, study tours, and leadership development programmes in Totnes and the hinterland. Inspiring people to change the world for the better. www.biggreen.co.uk

1 South Curryer, The Green, Totnes, TQ9 8EL
The Totnes Food Festival was the 17th and featured a range of stalls and activities for all ages. www.totnesfoodfestival.co.uk

2 Lockwell Street, Totnes, TQ9 8EX
The 17th Totnes Food Festival was the 17th and featured a range of stalls and activities for all ages. www.totnesfoodfestival.co.uk

3 Aldridge, Totnes, TQ9 8EX
The 17th Totnes Food Festival was the 17th and featured a range of stalls and activities for all ages. www.totnesfoodfestival.co.uk

Compost Loo Competition
Transition Totnes (TTT) is holding a competition to find the best, and most beautiful, decorated and best compost loo in all the land. www.transitiontotnes.org

Schumacher College
Dartington
For details of how to enter and what you can expect to see over the open eco-homes weekend.

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REconomy Centre
Open Sat 20th & Sun 21st, 10am - 4pm
Need a place to start up your new green enterprise? Check our entry: www.reconomycentre.org

4 Georgian Flat, South Street, Totnes, TQ9 8EX
The well-located Georgian flat is a great example of a sustainable home. www.transitiontotnes.org

5 Technical and Busch, Broomfield House, Totnes, TQ9 7PN
Sustainable and beautiful green home with a range of eco-features. www.transitiontotnes.org

6 Totnes Allotments Association, England Field
Community-led allotments providing a great space for growing and learning. www.transitiontotnes.org

Eco-Homes
Most local people have been thinking about how to save energy, reduce bills and cut their carbon footprint. www.transitiontotnes.org

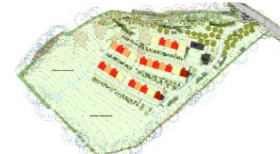
Eco-Homes Fair at the Civic Hall, Totnes
10am - 3pm
Saturday 5th October 2013
Free

Meet a range of eco-friendly people and see some of the best energy-saving and eco-friendly homes in the town. www.transitiontotnes.org

Open Eco-Homes
Transition Totnes (TTT) is holding a competition to find the best, and most beautiful, decorated and best compost loo in all the land. www.transitiontotnes.org



Final Community Consultation
Saturday March 14th, 11am-2pm
DARTINGTON VILLAGE HALL
Sustainable, affordable homes



View the plans before submission
Meet the Community Land Trust
Register your interest as a resident
Show your support, or get involved

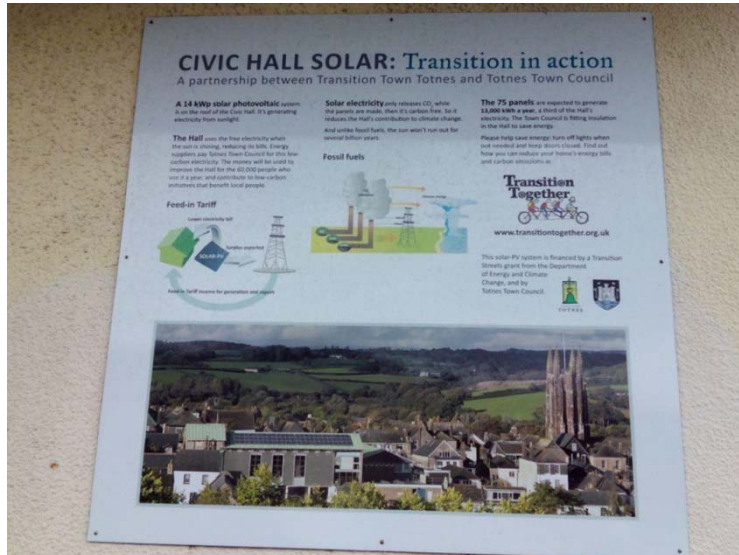
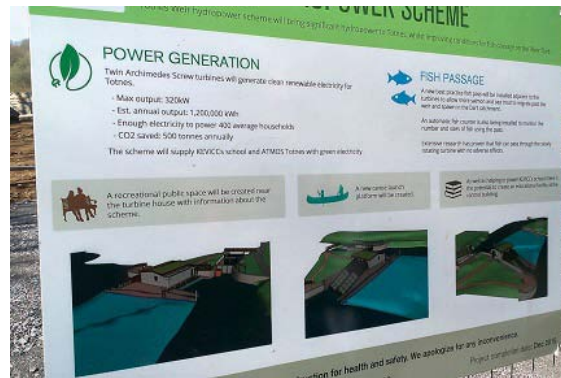
Contact: 01803 867358 or info@transitionhomes.org.uk



100% local producers
Open Eco-Homes
Saturday 20th & Sunday 21st
September 2013
10am - 5pm
plus
Eco-Homes Fair
10am - 3pm
Saturday 5th October 2013
at the Civic Hall, Totnes

Energía

- Planes de descenso energético
- Producción local de energía
- Transition Streets Project
- Contratación de energía verde



Firewood from Hedges & Hedge-Laying

Free event

Riverford, near Totnes
Sunday 8th March
10am - 4pm
Lunch provided

Learn about:

- Hedges for fuel, food, farming & wildlife
- Farmers and people with wood-burners working together
- Hedge-laying training with Devon Rural Skills Trust

All welcome, booking essential



Email admin@transitiontowntotnes.org
or phone Nicola Lang on 01803 867358



Dinero-Trabajo

- *Estudio de flujos económicos locales*

Totnes & District
Local Economic Blueprint

Food and Drink

If we spent 10% more in local shops than in supermarkets than we do at the moment, we would add £2 million to the local economy.

Source: Totnes Local Economic Blueprint 2012/2013



Totnes REconomy Project
Working for a strong, local economy



RE

Making our homes energy efficient

Retrofitting activity on our homes is worth £26-75 million. This relates to 70-700 jobs across the supply chain.

Source: Totnes Local Economic Blueprint 2012/2013



Totnes REconomy Project
Working for a strong, local economy



RE

Developing renewable energy

Our local renewable energy assets could generate over £6million worth of energy each year for householders and community investors.

Source: Totnes Local Economic Blueprint 2012/2013



Totnes REconomy Project
Working for a strong, local economy



RE

Care and Health

By 2031 we will have nearly twice as many people over the age of 85 compared to now.

Source: Devon County Council population projections, 2008.

“Totnes can inspire a nation to care”
Dr Sarah Wollaston, MP.



Totnes REconomy Project
Working for a strong, local economy



RE

Dinero-Trabajo

- *Moneda local*
- *REconomy Project*
- *Local Entrepreneur Forum*



10 Reasons to Switch Your Spending to Totnes Pound

- 1 Support local businesses
- 2 Unique Totnes identity
- 3 Be part of a new money system
- 4 Quick and simple PAY-BY-TEXT
- 5 Test out new technology
- 6 Fun and colourful paper money
- 7 Earn reward points
- 8 Keep track of your spending
- 9 Special discounts
- 10 Online shopping



Dinero-Trabajo

CREATE YOUR OWN FUTURE. PITCH AT LEF5



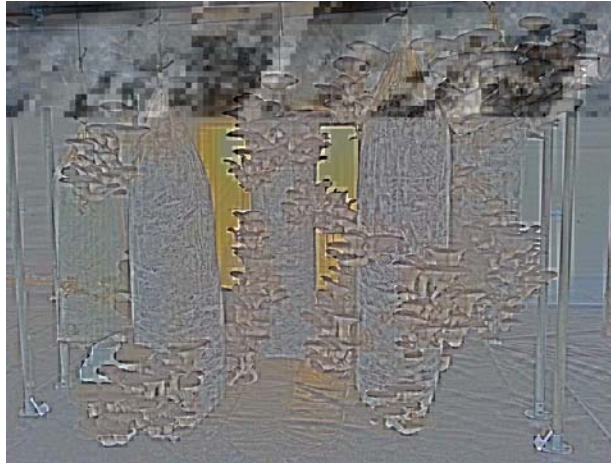
LOCAL ENTREPRENEUR FORUM

Do **you** have a **business** idea you'd like to have supported by your community?

TOTNES

5 Thursday, May 12th, 2016 2-10pm, Totnes Civic Hall

For more information email info@reconomycentre.org or call us at the Reconomy Centre, 12 Lambhast St, across from The Lamb.



GroCycle

Granja urbana de setas cultivadas en posos de café.



NEW LION BREWERY



Cervecera local



BeanBug Café



Comunidad



- *Eventos*
- *Comidas comunitarias*
- *Transition Streets Project*
- *Intercambio de habilidades*



Cuidados



ACTIVE HOPE!



- *Transición interior*
- *“Time to breathe”*
- *Curso “Active Hope”*
- *Apoyo bienestar físico*
- *Grupo de lectura*



Food in Community

Contact Information:
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eloirel@hotmail.co.uk
David Markson
tel: 07702 727009
dmarkson@hotmail.co.uk
www.facebook.com/
FoodinCommunityCIC

We would especially like to thank our group of volunteers for their great dedication and endless assistance.

AND...

Riverford Organic Farms
Allison Hill Farm, Somerset
Tidford Organic School Farm, CMA
School Farm, Dorset
Edible Pudding
Dr Ann Marie Meyer
Sally Ann Cook
Transition Town, Dorset
The Plunkett Foundation
Devon Community Foundations
The Big Lottery
Totnes Town Council and Councillors
The Recovery Centre
Riverford Plant Pottery
The Bog Horse Pub
The Kitchen Table
And of course our subscribers:
Daisy Childrens Centre, Raleigh
Nursery, and Cool Recovery.

... let's bring it to the table

www.facebook.com/FoodinCommunityCIC

Five carrots, one collection, no waste

6,000	6,000
5,000	5,000
4,000	4,000
3,000	3,000
2,000	2,000
1,000	1,000

LOTTERY FUNDED

let's bring it to the table

designed by: @foodincommunity CIC





Aspectos interesantes

- Procesos voluntarios, parten de motivación de los participantes
- No esperan a ser muchos ni a tener condiciones adecuadas
- Vinculan el estilo de vida con los problemas y con las posibles soluciones: las opciones cotidianas contribuyen a mejorar o empeorar el escenario
- Centrados en la acción
- Fuerte componente experimental, implicación en creación y experimentación de fórmulas personales y colectivas alternativas.
- La creatividad individual y colectiva como una fortaleza
- Evidencian la dificultad de nadar contra corriente
- Oportunidad de la crisis: replantearse la vida en su conjunto
- A menudo contemplan –o tratan- el estilo de vida establecido como una adicción
- Evitan discursos sobre “el CAMBIO” para proponer, exponer, sus propios cambios como ejemplo (el poder de la imitación)
- Metodología didáctica basada en aspectos positivos
- La difusión-replicación como eje (webs, blogs, libros, películas)
- Contribuyen a reconstruir un tejido social roto por el individualismo